

2022 Addison County Parent Survey on Youth Substance Use



SUMMARY OF RESULTS

MAY 2023

Prepared by: Pacific Institute for Research and Evaluation

Acknowledgments

The 2022 Addison County Parent Survey on Youth Substance Use was conducted, and this report was prepared, for the United Way of Addison County (UWAC), by the Pacific Institute for Research and Evaluation (PIRE). Funding was provided by UWAC's Partnerships for Success grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) and Drug Free Communities grant from the Centers for Disease Control (CDC).

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Background and Methods

Purpose of this report...

The Addison County Parent Survey on Youth Substance Use was conducted in 2020, 2021, and again in 2022 in order to provide data that can help inform and improve substance misuse prevention programs for Addison County youth and families. These data will also be used to support the evaluation of the United Way of Addison County's Partnerships for Success and Drug Free Communities grants.

Survey methods...

The 2022 survey, which was accessed and completed online, was open from November 10, 2022 through January 17, 2023. Parents of students in grades 6 through 12 in Addison County were eligible to participate. Respondents were recruited through posts and paid ads through UWAC's Facebook and Instagram accounts. The survey link was also shared through UWAC newsletters, Front Porch Forum, and the newsletter of the Addison County Substance Use and Prevention Coalition. As an incentive to participate, respondents had the option of being directed at the end of the survey to a separate web page where they could enter a random drawing for one of three \$50 gift certificates to local restaurants.

What's included in this report...

The items in the tables are ordered as they were ordered in the survey itself. The values in the tables are the percent of parents reporting each response listed. For some items where it may be relevant, these values are reported by grade level of the "referent" child (the child that each parent kept in mind when answering the questions). Note that the total sample includes some parents who did not report the grade of their child. Percentages reported for questions that allow multiple response options to be selected will sum to more than 100.

For questions that were also included in the 2020 and 2021 surveys, the data for those questions are provided here as well for comparisons purposes.

Representativeness and sample size considerations...

Because a scientifically developed random sample of parents was not possible, the survey findings do not necessarily reflect the overall parent population of the county and should be considered only as estimates of the views of parents in the county.

The figures provided in the tables are the raw, unweighted estimates taken directly from the survey data. The data used for the significance tests examining changes over time were, however, weighted by whether the referent child was in middle school (grades 6-8) or high school (grades 9-12), to ensure that the characteristics of the respondents match the Addison County population on these variables. Enrollment data from the Vermont Agency of Education for the current school year (2022-2023) were applied for this purpose. By weighting the data in this manner, we help ensure that any significant changes over time are not simply due to difference in the sample composition across the two years but rather reflect a true difference in the estimates.

Statistical Significance...

The statistical significance of the difference between the 2021 and 2022 values is indicated with orange shading in the 2022 cell (i.e. if the cell is shaded then there was a statistically significant difference between the values for 2022 and 2021 for that item).

Summary Tables

TABLE 1. Referent child demographics

	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
What is the age of your child? (Q5)	(n=37)	(n=47)	(n=84)	(n=140)	(n=156)
10 or younger	5.4	0.0	2.4	0.7	2.6
11	10.8	0.0	4.8	5.0	14.7
12	35.1	0.0	15.5	17.9	16.7
13	35.1	0.0	15.5	11.4	12.2
14	13.5	12.8	13.1	11.4	11.5
15	0.0	27.7	15.5	10.7	11.5
16	0.0	38.3	21.4	17.9	17.3
17	0.0	21.3	11.9	22.1	10.3
18	0.0	0.0	0.0	2.9	2.6
19	0.0	0.0	0.0	0.0	0.0
20	0.0	0.0	0.0	0.0	0.0
21 or older	0.0	0.0	0.0	0.0	0.6
What is the grade of your child? (Q6)	(n=37)	(n=47)	(n=84)	(n=140)	(n=151)
6 th	27.0	--	11.9	8.6	17.2
7 th	27.0	--	11.9	17.9	17.2
8 th	45.9	--	20.2	7.9	14.6
9 th	--	17.0	9.5	12.9	11.3
10 th	--	36.2	20.2	13.6	9.9
11 th	--	29.8	16.7	12.9	17.9
12 th	--	17.0	9.5	26.4	11.9

TABLE 2. Frequency of talking with child about dangers of using substances

Q7. During the past 12 months, how many times have you talked with your child about the potential dangers or problems that could result from persons their age...					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
Using alcohol?	(n=35)	(n=45)	(n=80)	(n=135)	(n=148)
0 times	14.3	2.2	7.5	6.7	10.8
1 to 2 times	25.7	24.4	25.0	24.4	17.6
A few times	34.3	44.4	40.0	35.6	37.2
Many times	25.7	28.9	27.5	33.3	34.5
Using marijuana or cannabis?	(n=30)	(n=45)	(n=75)	(n=132)	(n=143)
0 times	13.3	4.4	8.0	12.9	14.0
1 to 2 times	33.3	26.7	29.3	27.3	23.1
A few times	26.7	40.0	34.7	33.3	34.3
Many times	26.7	28.9	28.0	26.5	28.7
Using prescription drugs that are not prescribed to them or using them in ways other than prescribed by their doctor?	(n=32)	(n=44)	(n=76)	(n=131)	(n=141)
0 times	40.6	25.0	31.6	33.6	30.5
1 to 2 times	12.5	25.0	19.7	22.9	25.5
A few times	25.0	36.4	31.6	29.0	23.4
Many times	21.9	13.6	17.1	14.5	20.6
Using e-cigarettes or electronic vaping devices?	(n=32)	(n=44)	(n=76)	(n=130)	(n=138)
0 times	25.0	9.1	15.8	18.5	20.3
1 to 2 times	15.6	36.4	27.6	24.6	21.7
A few times	25.0	31.8	29.0	32.3	26.8
Many times	34.4	22.7	27.6	24.6	31.2
Driving after drinking alcohol or riding in vehicle driven by someone who has been drinking?	(n=32)	(n=44)	(n=76)	(n=132)	(n=140)
0 times	25.0	18.2	21.1	16.7	18.6
1 to 2 times	28.1	18.2	22.4	20.5	23.6
A few times	21.9	34.1	29.0	22.7	26.4
Many times	25.0	29.5	27.6	40.2	31.4
Driving after using marijuana/cannabis or riding in a vehicle driven by someone who has been using marijuana/cannabis?	(n=32)	(n=44)	(n=76)	(n=132)	(n=140)
0 times	46.9	29.5	36.8	31.1	34.3
1 to 2 times	15.6	22.7	19.7	17.4	18.6
A few times	21.9	22.7	22.4	25.0	20.7
Many times	15.6	25.0	21.1	26.5	26.4

TABLE 3. Perceptions regarding acceptability of teen substance use

Q8. How much do you agree or disagree with the following statements					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
It's okay for teens to drink alcoholic beverages occasionally.	(n=35)	(n=45)	(n=80)	(n=135)	(n=145)
Agree or strongly agree	11.4	6.7	8.8	12.6	10.3
Disagree or strongly disagree	88.6	93.3	91.3	83.0	88.3
Don't know	0.0	0.0	0.0	4.4	1.4
It's okay for teens to smoke cigarettes occasionally.	(n=33)	(n=44)	(n=77)	(n=129)	(n=135)
Agree or strongly agree	0.0	2.3	1.3	2.3	3.0
Disagree or strongly disagree	100.0	97.7	98.7	97.7	97.0
Don't know	0.0	0.0	0.0	0.0	0.0
It's okay for teens to use marijuana or cannabis occasionally.	(n=33)	(n=44)	(n=77)	(n=129)	(n=135)
Agree or strongly agree	3.0	6.8	5.2	9.3	8.9
Disagree or strongly disagree	97.0	93.2	94.8	89.2	91.1
Don't know	0.0	0.0	0.0	1.6	0.0
It's okay for teens to use electronic vaping devices like e-cigarettes, Juuls, vape pens, etc. occasionally.	(n=33)	(n=44)	(n=77)	(n=128)	(n=134)
Agree or strongly agree	0.0	2.3	1.3	1.6	1.5
Disagree or strongly disagree	100.0	97.7	98.7	98.4	98.5
Don't know	0.0	0.0	0.0	0.0	0.0

TABLE 4. Perceived risk to teens from using substances

How much do teens risk harming themselves physically and in other ways if they...					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
Drink alcohol occasionally (Q9)	(n=33)	(n=45)	(n=78)	(n=135)	(n=143)
No risk or slight risk	15.2	13.3	14.1	20.7	15.4
Moderate or great risk	84.8	86.7	85.9	79.3	84.6
Use marijuana or cannabis once or twice a week? (Q10)	(n=32)	(n=45)	(n=77)	(n=135)	(n=144)
No risk or slight risk	12.5	6.7	9.1	14.8	12.5
Moderate or great risk	87.5	93.3	90.9	85.2	87.5
Use e-cigarettes or electronic vaping devices nearly every day? (Q11)	(n=32)	(n=45)	(n=77)	(n=135)	(n=144)
No risk or slight risk	6.3	4.4	5.2	5.2	5.6
Moderate or great risk	93.8	95.6	94.8	94.8	94.4

TABLE 5. Ease of access to substances kept in the home

How likely is it that your child would be able to access the following substances in your home without your knowledge...					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
Alcohol (Q12)	(n=32)	(n=45)	(n=77)	(n=135)	(n=143)
Somewhat or very likely	43.8	48.9	46.8	38.5	45.5
Not very or not at all likely	50.0	37.8	42.9	52.6	44.1
Not applicable (alcohol is never kept in our home)	6.3	13.3	10.4	8.9	10.5
Marijuana or cannabis (in any form including plants, edibles, waxes, concentrates, etc.) (Q13)	(n=32)	(n=45)	(n=77)	(n=135)	(n=142)
Somewhat or very likely	6.3	6.7	6.5	8.2	9.9
Not very or not at all likely	31.3	22.2	26.0	38.5	30.3
Not applicable (marijuana/cannabis is never kept in our home)	62.5	71.1	67.5	53.3	59.9
E-cigarettes or other electronic vaping devices (Q14)	(n=32)	(n=45)	(n=77)		
Somewhat or very likely	0.0	0.0	0.0		
Not very or not at all likely	15.6	8.9	11.7		
Not applicable (e-cigarettes or EVPs are not kept in our home)	84.4	91.1	88.3		
Prescription medications (Q15)	(n=32)	(n=45)	(n=77)	(n=135)	(n=143)
Somewhat or very likely	12.5	13.3	13.0	20.7	21.0
Not very or not at all likely	59.4	66.7	63.6	60.0	59.4
Not applicable (prescription medications are not kept in our home)	28.1	20.0	23.4	19.3	19.6

TABLE 6. Substances that parent believes child has used

(Q16) Which, if any, of these substances do you know or suspect that your child has used in the past 30 days? (Check all that apply)					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=29)	(n=42)	(n=71)	(n=134)	(n=140)
Alcohol	3.4	0.0	1.4	14.9	7.9
Marijuana/cannabis	0.0	4.8	2.8	10.5	7.9
Tobacco	0.0	2.4	1.4	1.5	1.4
E-cigarettes or electronic vaping devices	0.0	4.8	2.8	2.2	3.6
Prescription medications (in ways other than as prescribed to them)	3.4	0.0	1.4	0.8	0.7
Other substances (specify)	0.0	0.0	0.0	0.0	0.0
I don't think my child has used any substances	96.6	92.9	94.4	80.6	87.9

TABLE 7. Perceptions regarding parent influence on and impacts of teen substance use

Q17. How much do you agree or disagree with the following statements					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
It's okay for adults to use marijuana or cannabis in front of children because it is legal in Vermont.	(n=32)	(n=44)	(n=76)	(n=135)	(n=142)
Agree or strongly agree	9.4	15.9	13.2	13.3	4.9
Disagree or strongly disagree	84.4	81.8	82.9	79.3	92.3
Don't know	6.3	2.3	4.0	7.4	2.8
Using substances at a young age increases the risk of dependency and addiction.	(n=32)	(n=44)	(n=76)	(n=130)	(n=137)
Agree or strongly agree	100.0	95.5	97.4	90.0	94.9
Disagree or strongly disagree	0.0	2.3	1.3	6.9	2.9
Don't know	0.0	2.3	1.3	3.1	2.2
Teen brain development can be hurt by drinking alcohol.	(n=32)	(n=44)	(n=76)	(n=130)	(n=136)
Agree or strongly agree	100.0	95.5	97.4	89.2	98.5
Disagree or strongly disagree	0.0	4.5	2.6	5.4	0.7
Don't know	0.0	0.0	0.0	5.4	0.7
Teen brain development can be hurt by using e-cigarettes or vaping devices that contain nicotine.	(n=31)	(n=44)	(n=75)		
Agree or strongly agree	90.3	93.2	92.0		
Disagree or strongly disagree	6.5	4.5	5.3		
Don't know	3.2	2.3	2.7		
Teen brain development can be hurt by using marijuana/cannabis.	(n=29)	(n=44)	(n=73)	(n=130)	(n=134)
Agree or strongly agree	86.2	88.6	87.7	86.9	97.0
Disagree or strongly disagree	6.9	4.5	5.5	4.6	1.5
Don't know	6.9	6.8	6.9	8.5	1.5
Teen's mental health can be hurt by using marijuana/cannabis.	(n=31)	(n=44)	(n=75)	(n=130)	(n=134)
Agree or strongly agree	90.3	84.1	86.7	84.6	93.3
Disagree or strongly disagree	9.7	6.8	8.0	8.5	3.0
Don't know	0.0	9.1	5.3	6.9	3.7
Talking with your child about alcohol and drug use makes a difference in the choices they make.	(n=31)	(n=44)	(n=75)	(n=130)	(n=134)
Agree or strongly agree	96.8	90.9	93.3	96.9	96.3
Disagree or strongly disagree	0.0	2.3	1.3	0.8	2.2
Don't know	3.2	6.8	5.3	2.3	1.5
Participation in extracurricular/afterschool activities is an important part of my child's healthy development.	(n=31)	(n=44)	(n=75)		
Agree or strongly agree	100.0	90.9	94.7		
Disagree or strongly disagree	0.0	4.5	2.7		
Don't know	0.0	4.5	2.7		

There are places in my community where I can learn more about how to help prevent my child from using alcohol and drugs.	(n=31)	(n=44)	(n=75)	(n=129)	(n=134)
Agree or strongly agree	77.4	70.5	73.3	75.2	81.3
Disagree or strongly disagree	6.5	6.8	6.7	3.9	4.5
Don't know	16.1	22.7	20.0	20.9	14.2

TABLE 8. Confidence in ability to talk with child about substance use

(Q18) How confident are you in being able to talk effectively with your child about alcohol, cannabis, vaping and other drugs?					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=30)	(n=43)	(n=73)	(n=133)	(n=139)
Somewhat or very confident	96.6	97.7	97.2	96.2	97.1
Not very or not at all confident	3.3	0.0	1.4	3.8	2.9
Undecided or don't know	0.0	2.3	1.4	0.0	0.0

TABLE 9. Aspects of talking with child

(Q19) Which specific aspects of talking to your child about alcohol alcohol, cannabis, vaping and other drugs, if any, do you most wish you were better at or would like to have more information? (Please check up to <u>three</u> choices)...					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=30)	(n=42)	(n=72)	(n=132)	(n=136)
Knowing how and when to start these conversations	13.3	21.4	18.1	15.2	15.4
Knowing the facts about what percent of students your child's age use alcohol and drugs	46.7	28.6	36.1	21.2	25.0
Knowing the facts about the risks of using various substances	20.0	23.8	22.2	19.7	19.9
Knowing how to respond to questions about your own past (or present) substance use	10.0	11.9	11.1	22.7	23.5
Getting your child to share his or her experiences and views	50.0	47.6	48.6	41.7	39.0
Listening attentively to what your child has to say	10.0	4.8	6.9	9.9	16.9
Getting your child's full attention	16.7	23.8	20.8	21.2	23.5
Knowing how to respond if your child admits to using substances	36.7	26.2	30.6	38.6	40.4
Other (please describe)	3.3	11.9	8.3	10.6	4.4

TABLE 10. Recreational opportunities (new in 2022)

(Q20) Through which of the following locations or organizations does your child participate in extracurricular or afterschool activities? (Please check all that apply)					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=30)	(n=43)	(n=73)		
School (school sports, afterschool programs, school-sponsored clubs, etc.)	96.7	67.4	79.5		
Town recreational programs	46.7	11.6	26.0		
Local teen center	16.7	7.0	11.0		
Another local organization within Addison County	46.7	34.9	39.7		
Another organization that is located outside of Addison County	10.0	20.9	16.4		
My child does not participate in extracurricular or afterschool activities	0.0	20.9	12.3		
(Q21) Which, if any, of the following have ever prevented your child from participating in extracurricular and/or afterschool activities that they were interested in? (Please check all that apply)					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=23)	(n=39)	(n=62)		
Challenges with transportation	8.7	12.8	11.3		
Cost of participation (fees, equipment, etc.)	13.0	12.8	12.9		
Time commitment	13.0	20.5	17.7		
The activity they are interested in is not available in my area	39.1	25.6	30.7		
Not sure what is available	0.0	7.7	4.8		
Not sure how to get involved	0.0	2.6	1.6		
Other (please describe)	0.0	0.0	0.0		
Not applicable/None of the above	52.2	53.8	53.2		

TABLE 11. Awareness of UWAC’s programming and communications (new in 2022)

	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
Which of the following programs or messages sponsored by the United Way of Addison County have you seen or heard about over the past 12 months? (Please check all that apply) (Q22)	(n=29)	(n=43)	(n=72)	(n=131)	(n=133)
Celebrate Safely	27.6	16.3	20.8		
Getting to “Y”	17.2	11.6	13.9		
P.E.E.P.S. (Partners Encouraging Environments that Prioritize Success)	27.6	14.0	19.4		
Spread the Love (Cookie Love event)	31.0	11.6	19.4		
Stuff the Bus	65.5	48.8	55.6		
Summer Fun Kit (through local library)	48.3	23.3	33.3		
What YOU Do Matters	24.1	4.7	12.5		
None of the above	20.7	44.2	34.7		

TABLE 12. Topics for which parents are likely to seek information or guidance

(Q23) For which of the following topics are you likely to seek information or guidance during the upcoming year? (Check all that apply)					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=30)	(n=43)	(n=73)	(n=132)	(n=134)
Preventing my child from using alcohol or other drugs	10.0	7.0	8.2	12.9	18.7
Helping my child connect with positive role models, peers and activities	30.0	41.9	37.0	38.6	48.5
Helping my child deal with stress or mental health issues	56.7	51.2	53.4	63.6	63.4
Setting limits on my child's night time and weekend activities	6.7	9.3	8.2	22.0	23.9
Negative effects of teen marijuana/cannabis use	13.3	2.3	6.9	5.3	8.2
Negative effects of teen e-cigarette use or vaping	6.7	4.7	5.5	3.0	8.2
State laws regarding medical and non-medical use of marijuana/cannabis by underage persons	3.3	7.0	5.5	5.3	4.5
State laws regarding use of e-cigarettes or vaping devices by underage persons	3.3	4.7	4.1	2.3	3.0
Ways I can support efforts in my community to prevent and reduce teen substance use	26.7	20.9	23.3	21.2	23.9
Other topics related to protecting my child's safety and well-being (specify)	6.7	4.7	5.5	10.6	6.0
None of the above	16.7	23.3	20.6	22.0	12.7

TABLE 13. Preferred ways to obtain information about parenting topics

(Q24) What would be your preferred ways to get information about the parenting topics of interest to you? (Please check up to <u>three</u> choices)					
	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=30)	(n=43)	(n=73)	(n=131)	(n=131)
Online via specific health or parenting informational websites	50.0	60.5	56.2	48.9	58.8
Social media (e.g. Google, Facebook, Instagram, Twitter, YouTube)	46.7	30.2	37.0	23.7	33.6
Printed materials (such as newsletters, brochures, tip sheets, etc.)	23.3	23.3	23.3	22.9	25.2
In-person group presentations or community meetings	13.3	4.7	8.2	9.9	9.9
Virtual group presentations or community meetings	13.3	23.3	19.2	20.6	19.9
In-person small group classes or support groups	10.0	4.7	6.9	6.1	6.9
Virtual small group classes or support groups	0.0	4.7	2.7	5.3	5.3
Periodic emails or text messages from trusted organizations or service providers	30.0	25.6	27.4	32.8	34.4
Meeting individually with teacher, counselor, doctor, or other service provider	16.7	14.0	15.1	18.3	14.5
Talking with other parents in person	6.7	16.3	12.3	18.3	16.0
Talking with other parents online	10.0	9.3	9.6	6.1	9.9
Other – please describe	3.3	2.3	2.7	4.6	2.3

TABLE 14. Respondent demographics

	2022 Grade Level of Referent Child		Total Sample		
	6-8	9-12	2022	2021	2020
	(n=29)	(n=43)	(n=72)	(n=130)	(n=130)
What is your age? (Q25)					
18-24	0.0	0.0	0.0	0.0	0.0
25-34	0.0	2.3	1.4	3.1	3.9
35-44	48.3	30.2	37.5	33.1	51.5
45-54	48.3	55.8	52.8	57.7	38.5
55-64	3.4	7.0	5.6	6.2	5.4
65 or older	0.0	4.7	2.8	0.0	0.8
What is your gender?¹ (Q26)	(n=28)	(n=39)	(n=67)	(n=104)	
Female	82.1	92.3	88.1	86.5	
Male	17.9	7.7	11.9	12.5	
Non-binary	0.0	0.0	0.0	0.0	
I prefer to self describe	0.0	0.0	0.0	1.0	

How do you usually describe yourself (check all that apply) (Q27)	(n=28)	(n=39)	(n=67)	(n=102)	(n=110)
Asian/Pacific Islander	0.0	2.6	1.5	1.0	0.0
Black or African American	0.0	0.0	0.0	1.0	0.0
Hispanic or Latino/a	3.6	0.0	1.5	1.0	0.9
Native American/Alaska Native	0.0	0.0	0.0	0.0	0.9
White	96.4	97.4	97.0	95.1	98.2
Multi-racial	0.0	0.0	0.0	1.0	0.9
Another race	0.0	0.0	0.0	1.0	0.9

¹This question and response options were different in 2020.