

ADDISON COUNTY DATA MEETING 2023

Hosted by the Community Health Action Team | Updated May 2023



Housing

Addison County Community Trust (ACCT)

- There are currently a total of 491 affordable housing units in Addison County, with no vacancies.
- On average, Addison County Community Trust has approximately 40 apartments that become available in a given year, and they receive, on average, about 350-400 applications for housing annually.
 - Currently, 65 of 334 apartments are occupied by formerly homeless households.
- Bristol Firehouse Apartments: 20 units total, 15 of which are specifically for low-income households. There are candidates for 16 of the units, but the income qualification process doesn't start until this month (can't be done more than 120 days in advance) so it's certainly possible some people could end up not qualifying. The units are scheduled to lease up starting in September.

Charter House Coalition Coordinated Entry

- In 2022 85 households in Addison County are currently in the Coordinated Entry housing information system, waiting for housing to become available.
 - Of these: 16 households include children and 25 people are living outside

John Graham Housing & Services (JGHS)

- In 2022, JGHS worked with 383 people, including:
 - Shelter, housing and/or services provided to 131 people at eight JGHS properties in Vergennes, Bristol, and Middlebury. Of those 131 people, 80 were female and 51 were male. 35 were children.
 - An additional 255 people received services like food, transportation, referral to therapeutic services, outreach, and help with applications.
 - Of the 131 people who received housing and/or services, 35 adults and children received free shelter at the John Graham Shelter and two scattered sites; 93 people lived in affordable housing at JGHS apartments or at scattered sites.
 - Provided 5,710 bednights in JGHS shelter spaces and GA (General Assistance) apartments and more than 10,000 bednights in JGHS apartments.
 - People served included two veterans, 22 people who experienced Domestic Violence, 14 adults over 60, 11 people who have experienced chronic homelessness, 26 people with severe mental health challenges, four people with Substance Use Disorder (SUD), and 37 people with other disabilities.
- Data from January 2023
 - 18 adults and four children currently living in motels
 - At the time of the 2022 point in time count, Addison County had 61 households - with 97 people total unhoused. These included:
 - 14 households with children - 26 children
 - 18 elders

Food Security

Economic Services

- Addison County: As of 3/23/2023 there are currently 3268 recipients of 3Squares benefits in Addison County, this amounted to \$915,124 being paid out in food benefits for the month.
 - Statewide There are 71,661 participants in the 3SquaresVT program which amounts to \$20,183,811 paid out for this month.
- Estimated that 141,206 Vermonters at or below the 185% FPL threshold to qualify for 3Squares, roughly half of this population are not participating.
- State of Vermont is second in the country to begin allowing for the replacement of stolen EBT benefits. Historically, if a benefit was stolen we would not replace it. This is largely changing due to shifts made nationwide due to COVID, people are now able to purchase food online for delivery, leading to electronic theft.

Giving Fridge

- Since December 2020, 35,000 meals have been provided to community members and was made possible through various grants and the Everyone Eats Program
- The GF provides about 450 meals per week in the community
- Partnerships with Gather, PMC, local food shelves and many more
- Majority of referrals are for individuals with diet-related illnesses who are looking for healthier food options (anti-inflammatory needs)

Farmacy - Food is Medicine

- Since 2019, this program has grown from 45 families served to 100 families through a collaboration between ACORN and PMC, Village Health, YouFirst, VDH, the local schools.
- This program has also increased shares and number of weeks produce shares are provided

Veggie Van Go

- This started in January 2023 and numbers have increased slowly overtime
- Jan: 85, Feb: 117, March: canceled due to weather, April: 113, May: 130

Demographics

- Population of Addison County is ~37,500 people (2022 Census)
- 20,468 people are currently employed (March 2023, Department of Labor)
- 2.1% Unemployment Rate (March 2023 Department of Labor)

Cost of Living

The State of Vermont's Children: 2022 Year in Review

- On average, Vermont households paid \$603, or 11%, more per month for goods such as food, shelter, transportation and energy in total inflation costs in September 2022 compared to January 2021

Birth Data

- Between Q1 2022 and Q4 2022, an average of 89% of Porter patients received prenatal care in the first trimester (compared to 83% statewide average), and 85% of Porter patients received appropriate prenatal care (compared to 86% statewide average), based on an Adequacy of Prenatal Care Utilization Index. (*VDH Health Surveillance, 2023*)
- 5,384 births in Vermont in 2021 (CDC, 2021)





Women, Infants & Children

- During FY 2022, the Vermont Department of Health Middlebury District Office served 907 Vermont families and children with WIC, which provides individual nutrition education and breastfeeding support, healthy foods, and a debit card to buy fruit and vegetables. (VDH 2022)

Early Childhood Screening

Developmental screening in the first 3 years of life = percentage of children who were screened for risks of developmental, behavioral and social delays using standardized screening tools in the 12 months preceding their first, second or third birthday. (OneCare)

- One Care Patients in the Middlebury Health Service Area have a slightly lower Developmental Screening Rate: 62% of patients in Middlebury HSA with screening vs. network rate of 64%
- Medicaid members are less likely to have Developmental Screenings 60.0% Medicaid patients with screening vs. 69.4% for commercial
- Between 2018 and 2021, the rate of children ages 3 to 8 with behavioral or conduct problems, anxiety and/or depression in Vermont rose from 8.7% to 13.8%, while overall U.S. rates remained stable at 8%.(State of Vermont Children's Report)



Childcare

According to Childcare Services (State Service)

- There were 741 childcare spots in 2019 and increased to 820 in 2023. This is for 6 wks to 5 year olds.
- There is a significant need for 6 wks to 3 year old spots (400 spots are needed)
- For 3-4 year olds, we are on the edge of having enough space, but need one more class of about 18-20 kids
- Shortage due to both physical space capacity and workforce

Countyoffice.org

There are 62 Daycares in Addison County, Vermont, serving a population of 36,825 people in an area of 767 square miles.

- There is 1 Daycare per 593 people, and 1 Daycare per 12 square miles.
- Addison County is ranked 4th of 14 counties in Daycares per capita, and 10th of 14 counties in Daycares per square mile.

Parent Child Center

- We serve over 2,000 per year in the county. Learning Together provides support to up to 28 participants at a time and 40 children.
- Total referrals to PCC have increased from 191 in 2019 to 239 in 2021 and 220 in 2022.
 - The majority have been for EI referrals and specifically for Language/Communication. In 2022, out of the 125 Early Intervention referrals, there were 76 for Language/Communication. This is an increase from overtime in 2019 there were 19 Language/Communication Referrals, and steadily increased to 41 in 2020 and 2021 and then 76 Referrals in 2022. This correlates with the need for a Speech and Language Pathologist and increased mask wearing.





School Age Data

The State of VT Children: 2022 Year in Review

- In 2021, there were 3,116 children under age 10 living in Addison Co, down from 3,328 in 2016
- State-level data also show a decrease in the percent of Vermont families with children under 12 living below the Federal Poverty Level (FPL), from 17% in 2015 to 13% in 2020.

Adolescent Well-Care Visits

OneCare

- Percentage of adolescents and young adults (12–21 years of age) who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner.
- Middlebury Medicaid Rate = 57.4%, Current Network Medicaid Goal = 68%

School Based Clinics

- MUHS/Porter Peds - Opened in 2019
- MAUSD/ Mountain Community Health - Opened 2022

Employment & Non-traditional Education

Hannaford Career Center

- Since 2019, 751 people have attended adult education classes at the Hannaford Career Center. We have added 49 new LNA and 22 new phlebotomists.

Vermont Adult Learning

- Total number of students served: 87
- Total number of instructional hours: 2655
- Total number of first languages other than English: 9
- (Spanish, French, Farsi, Creole, Portuguese, Mandarin, Vietnamese, Thai, Burmese)

Resources

WomenSafe

- FY20
 - WomenSafe served a total of 555 adults and children through 5,055 points of contact (phone/meetings/emails)
 - The Supervised Visitation Program provided monitored visits and exchanges for 17 children
 - Prevention programming reached 1,712 adults and youth through 328 presentations and outreach events
- FY21
 - WomenSafe Served a total of 511 adults and children through 8,300 points of contact
 - The Supervised Visitation Program provided a total of 410 monitored visits and exchanges for 25 children
 - Prevention programming reached 1,784 youth and adults through 438 presentations and outreach events
- FY22
 - WomenSafe served a total of 544 adults and children through 7,872 points of contact
 - The Supervised Visitation Program provided a total of 234 monitored visits and exchanges for 21 children
 - Prevention programming reached 4,180 youth and adults through 568 presentations and outreach events

Reach Up

- Addison County: Currently there are 334 recipients of Reach-Up cash assistance who reside in Addison county. This amounts to \$71,802 paid out in cash assistance this month.
- Statewide: There are 9374 recipients of Reach Up cash assistance, 6565 of whom are children under 19. The total monthly benefits paid out was \$2,233,375 statewide.

Vermont 211

Top Referred Services from 211 in Addison County in 2022

- Basic Needs (Food, Housing, Transportation, Utilities, Material Goods): 250
- Consumer Services (Money Management, Tax Organizations, etc.): 69
- Criminal Justice & Legal Services: 36
- Health Care: 48
- Mental Health & Substance Use Services: 23
- Organizational/Community Services: 187
- Income Support/Employment: 76
- Individual/Family Life: 26

Total Referrals in 2022 in AC: 743



Substance Use Prevention, Treatment & Recovery

United Way of Addison County Core Survey (2023)

- About half of high school students think there is no risk or slight risk from smoking marijuana/cannabis once or twice a week. [this is similar to 2021]
- About 80% of high school students think there is moderate or great risk from using electronic vapor products regularly. [this is similar to 2021]
- About three quarters of high school students agree or strongly agree that they feel optimistic about their future. [this was a new measure in 2023]
- About 60% of students (high school and middle school) agree or strongly agree that they feel valued by adults in their community. [this was a new measure in 2023]

Young Adult (18-25) Survey 2022 - Vermont Department of Health

Alcohol use in the past 30 days

- Any use 68.4%
- Binge drinking 50.6%

Cannabis use in the past 30 days

- Any use 44.2%
- Used cannabis 20 or more days 32.8%
- Drove after using cannabis 7.5%

Tobacco and nicotine delivery products use in past 30 days:

- Used cigarettes 14.2%
- Vaping products containing nicotine 19.6%

Access: Perceived ease of obtaining substances

- Very easy or somewhat easy for underage person to buy alcohol in stores 28.1%
- Very easy or somewhat easy for underage persons to obtain cannabis 71.5%
- Very easy or somewhat easy for underage person to buy e-cigarettes or other electronic vaping products 48.6%

Low perceived risk of harm from using substances:

- No risk or slight risk from having five or more drinks once or twice a week 29.4%
- No risk or slight risk from using cannabis regularly 57.9%

Fatal Overdose Rates (VDH)

- The 2022 opioid-related accidental and undetermined fatal overdose data show an increase in opioid-related fatal overdoses. At this time, these data show a 10% increase from 217 deaths in 2021 to 239 in 2022.

Fatal Overdose Rates (VDH) (Continued)

- Gabapentin and xylazine have emerged as drugs of concern. Gabapentin was involved in 13% of fatal opioid overdoses in 2022 (up from 2% in 2021), and xylazine was involved in 28% of fatal opioid overdoses (up from 13% in 2021).
- Fentanyl, cocaine and methamphetamine all remained relatively similar. The percentage of fentanyl involvement in opioid-related death is now 93% in 2022, compared to 94% in 2021. Cocaine (49% in 2022, versus 46% in 2021) and methamphetamine were also similar (8% in 2022, versus 10% in 2021).

Treatment (MAT - Savida, MCH, PMC)

- There are approximately 300 Addison County patients receiving medication assisted treatment (MAT) for opioid use disorder.
 - There are approximately 173 patients enrolled in Medicaid across Mountain Community Health, Savida, and PMC the remaining are 18 non-Medicaid at Savida and the rest non-Medicaid at MCH.

Recovery (Turning Point Center)

- 80 unique individuals engaged in Recovery Coaching Services (48% increase from last FY) with 597.52 hours spend coaching and 1018 coaching meetings.
- 750 meetings held with 8514 participants. (Please note that these 8514 numbers does not represent unique individuals. Many of our participants go to groups at the center multiple times per month, week, and sometimes even per day!)

Teen Centers

Teen Center - Middlebury

- The Teen Center saw an increase in the number of teens served over the years from 145 teens in 2018-19 to 200 in 2021-2022. There were 150 teens ages 12-18 at drop-in this year (2022), and another 50 came to other programming such as our Halloween dance party and D&D.
- In 2022, there were 73 new students registered this year. For drop-in, this was a 15% increase over 2021.

The Hub - Bristol

- We served (approximately) 3943 meals in 2022 which was an increase from (approximately) 927 in 2020
 - Many times we serves seconds to youth and sent teens home with leftovers.
- We served 272 amount of students in 2022 which was an increase from 139 in 2020.
- In 2019 (last non COVID full year) we had 2497 visits and in 2022 we had 3943 visits. This represents a 58% increase.

Boys and Girls Club

- In 2022, there were 115 youth were served over which an increase from 66 youth in 2021
- Boys and Girls Club serves youth grades 4th-12th.

Transportation



Tri-Valley Transit

- TVT (Addison Region) totaled 66,571 bus rides in FY22
 - + 17,235 more rides from FY21 (35% growth and continuing to trend up)
 - TVT suspended some bus services in the past 3 years and continues rebuilding services strategically to match the community's evolving transportation needs.
- TVT (Addison Region) totaled 30,260 dial-a-rides in FY22
 - + 10,396 more rides from FY21 (52% growth and continuing to trend up)
 - Volunteer rides were suspended for part of the time during COVID. TVT is now working to rebuild its corps of volunteers. TVT is also exploring new ways to meet need including staff cars and Middlebury microtransit vans.
 - Back in 2019 we had 13 unique riders who needed medical trips via wheelchair lift-equipped vans. None of them were dialysis clients. In FY22 the number of chronically ill clients needing wheelchair lift-equipped vans more than doubled to 28 unique riders, 5 of which have been Dialysis clients.

Department for Children and Families - Middlebury Family Service

- There are 1,059 children/youth in DCF custody in the State of Vermont. There are 66 children/youth in DCF custody in Addison County.
- 40% of the children in DCF custody in Addison County are placed with kin or fictive kin.
- There are 162 High Risk Family Support cases in the State of Vermont. There are 10 high risk family support cases in Addison County.
- There are 426 Conditional Custody cases in the State of Vermont. There are 19 conditional custody cases in Addison County.
- There are 225 youth on Youthful Offender Status/Juvenile Probation in the State of Vermont. There are 20 delinquent youth/youthful offenders in Addison County.
- 56% of children in Middlebury DCF custody have two or more changes in foster home placements when they enter care. The State of Vermont is in need of more foster homes and people who are willing to provide respite care—Addison County is as well.
- 88% of all children/youth in custody assessed by CSAC in this time period had a history of trauma. CSAC services improves anxiety for children/youth in custody significantly more than the DA average.

Open Door Clinic (Uninsured and Underinsured)



- 1162 unique patients: 526 (45%) were Latinx, 102 (8.7%) were Black/African American and 17 (1.5%) were Asian/Pacific Islander
- Relative to employment status, 615 individuals (53%) were employed full-time, and 231 (19.9%) were employed part-time, seasonally, or self-employed.
- Top reasons for visits included: 1) Healthcare Maintenance: 505 patients , 2) Musculoskeletal: 118 patients 3) ENT/Mouth/Opth: 118 patients, 4) Pulmonary: 110 patients and 5) GYN/Women's: 77 patients
- In 2022, the Open Door Clinic provided:
 - 1613 visits with a healthcare provider
 - 292 visits with a dental provider
 - 123 Covid tests
 - 385 Covid boosters
 - 30 Covid vaccines (1 & 2)
 - 393 flu vaccines
 - Interpreters were arranged for 489 patients across 2,058 interactions/appointments
 - Language Line was arranged for 74 patients across 173 appointments/interactions

- Open Door Clinic (*continued*)
 - 268 consults/appointments with our health insurance navigator who enrolled
 - 76 individuals in Medicaid, 90 individuals in BC/BS & MVP
 - 677 follow-up conversations with clients/Vermont Health Connect
- During our outreach season we provided health screenings, vaccines and medical visits to 44 farms and orchards, and two businesses throughout Addison County, including one vegetable farm, one poultry farm, 5 orchards (visited 9 times) and 35 dairies.

Chronic Disease: 3-4-50

Three behaviors (poor nutrition, lack of exercise, and tobacco use) contribute to four diseases (lung disease, diabetes, heart disease, and cancer) resulting in more than 50% of the deaths in Addison County. Percentage of Addison County adults diagnosed with the following chronic diseases (BRFSS 2021):

- Diabetes: 7%
- Cardiovascular Diseases: 7%
- Cancer: 6%
- Asthma: 9%



Covid-19 Deaths

- There have been 34 deaths from Covid-19 in Addison County from 2019-2023

Older Vermonters

Addison County Home Health & Hospice

- ACHHH served 1,530 patients in the fiscal year ending 6/30/22.
 - We are currently serving 131 Medicaid waiver patients, 57 maternal child health patients and 32 hospice patients.
 - Between 9/1/22 and 1/31/23 ACHHH gave more than 4,000 Covid-19 boosters and flu vaccines.
 - We serve up to 17 meals per week to hospice patients and their caregivers through our Food For the Soul Program.

Age Well

- In 2022, Age Well provided services to 2,221 older adults (60+) throughout Addison County
- Age Well has 178 volunteers in Addison County providing meals on wheels delivery, companionship, grocery shopping and many other tasks. We're actively looking for an additional 35 volunteers in Addison County to meet the growing need.
- Age Well provided 41,139 Medically Tailored Meals in Addison County in 2022; Client satisfaction surveys report that 90% of clients report they get enough to eat, 81% are able to stay at home, 80% say it helps with an existing medical condition, 70% now achieve & maintain a healthy weight, and 76% noticed improved quality of life.
- Age Well provided Case Management and Options Counseling to 335 older Adults in Addison County – providing a total of 3,446 hours of care coordination to Addison County residents in 2022.
- Age Well's Helpline served 700 older adults and caregivers in Addison County in 2022

(Not AgeWell Data, but interesting data provided by AgeWell)

- Vermont is the second oldest state in the US (behind Maine)
- Over 50% of the individuals currently experiencing homelessness and residing in hotels in Vermont are over the age of 65
- 2 in 5 Vermonters experience food insecurity – and both food insecurity and social isolation are on the rise in Vermont (Hunger Free VT)

Elderly Services:

- 45-50% capacity right now and growing
- We can serve 60 people at a time, but often people come for part of a day and for a couple of days a week.
- We're serving about 100 participants and 200 caregivers (respite and support). In the past we served 225-250 participants over the course of a year and 450-500 caregivers.

Helen Porter:

- Helen Porter at 3 ARCH rooms/suites – 2 on the long term care unit and 1 on the memory care unit.
- Helen Porter provided over 30,000 patient days, with 200+ admissions and 200+ discharges in FY 2022 (10/1/21 – 9/30/22).
- Discharges include discharges to the community, including assisted living, discharges to the hospital, and deaths.

New Programs

Giving Fridge - 2020

Veggie Van Go - 2023

Dementia Friendly Middlebury - 2023

Health Equity Grant (VTCHEP) - 2022

CVOEO Pantry Soft - 2022

Vaping Grant - 2022

Homeless Health Equity Grant - 2022

ACHHH Food for Soul Program - 2022

And more!

***Please send updates and information to Sylvie Choiniere at sylvie@unitedwayaddisoncounty.org