

# Welcome & Introductions

- Name (Pronouns)
- Organization
- What in your organization are you most proud of?

# AGENDA

- ▶ Introductions
- ▶ Overview of CHAT
- ▶ Bridget and Ethan's story
- ▶ Small group discussions

# CHAT overview

- CHAT launched in 2014 with a clinical focus.
- Set new priorities in 2016: health and social issues.
- Data Meeting in 2019
- Covid-19 Pandemic
- 2023 Data Meeting
- CHAT has:
  - Helped launch the OK. You've Got This campaign
  - Community Health Needs Assessment
  - Conversations on housing
  - Focused on trauma-informed practices and hydration for older residents (2019)
  - Health Equity Steering committee (2022)

## Social Determinants of Health



Bridget & Ethan

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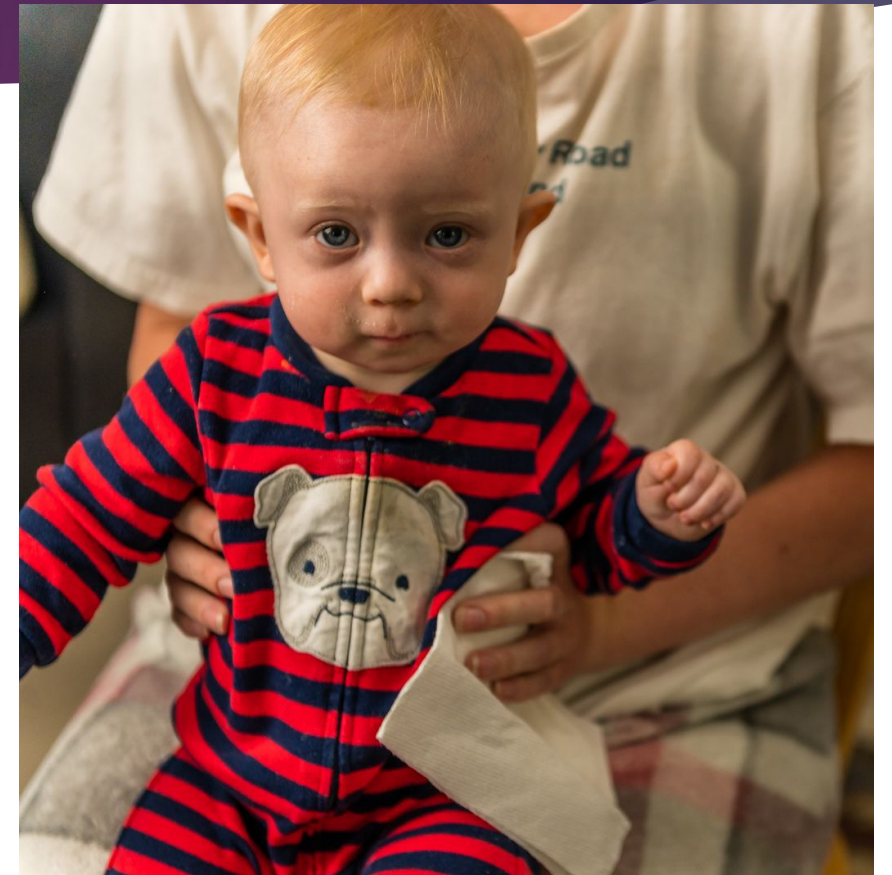
## Bridget is a high school senior

- Bridget is a high school senior in Vergennes and just found out she is pregnant. She was referred for support at AC Parent Child Center.
- Bridget's parents were upset about the news and have asked her to find a place to raise her child.
- She worked with PCC to finish her high school diploma in an alternative setting through their education program.
- Bridget looked at all of her housing options and PCC was able to find her space at the Elm Street Apartments



# Ethan is born!

- Bridget received early, regular prenatal care at Porter Women's Health and through PCC's NP on site.
- Bridget had previously struggled with substance use disorder but was able to maintain her sobriety throughout her pregnancy thanks to local coordination of MAT, counseling and recovery supports.
- Bridget was enrolled in WIC throughout her pregnancy. She was able to maintain a healthy diet, receive supplemental foods and ACHHH should she need additional supports for Ethan and herself.



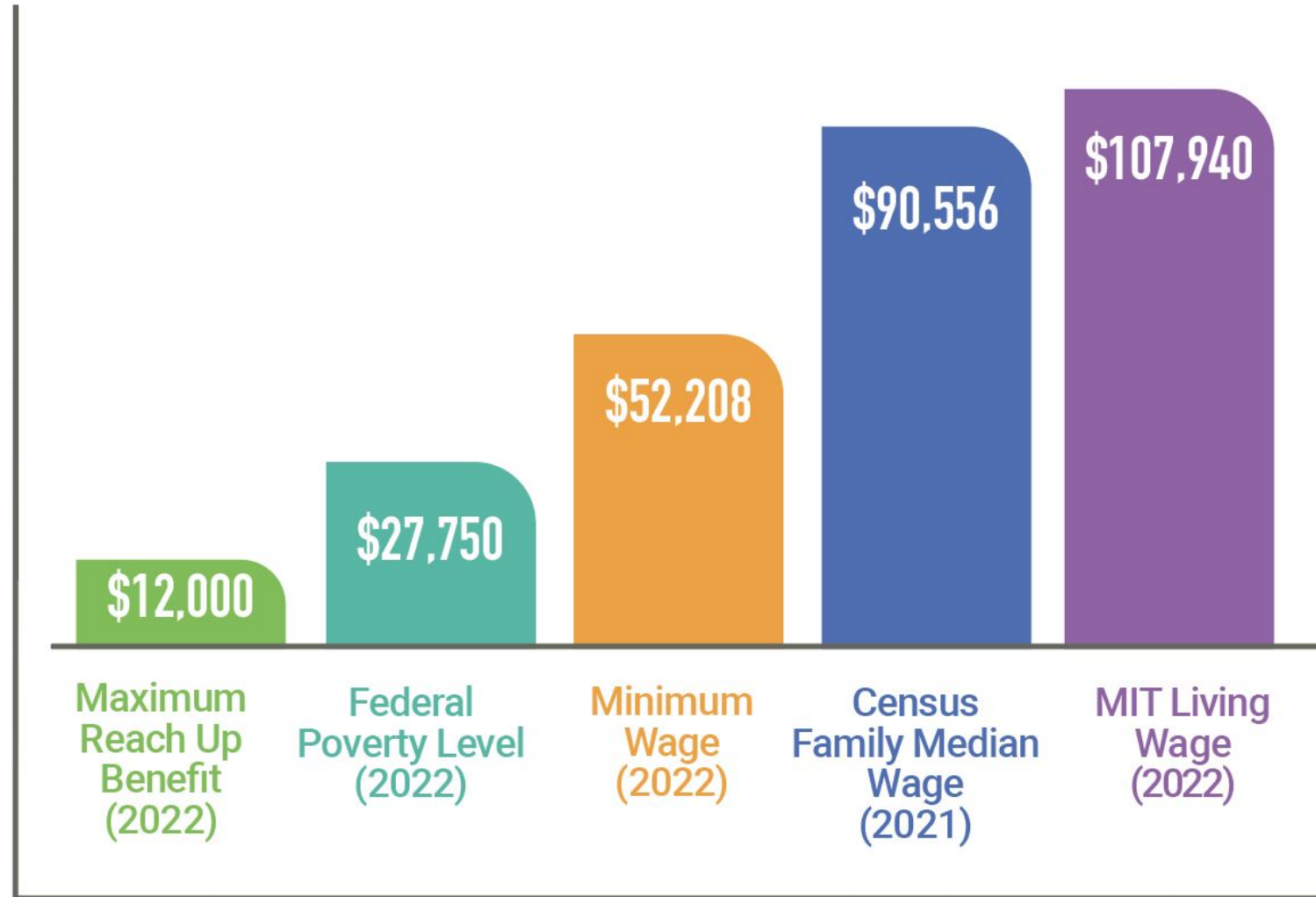


# Ethan goes to childcare

- Bridget secures a full-time spot at a high-quality early education center.
- Bridget receives some childcare subsidy assistance and when Ethan turns 3-years-old, he will enroll in Universal pre-K.
- Bridget receives pediatric care from Rainbow Pediatrics. Through Children's Integrated Services, Ethan has been referred, but put on the waitlist for Speech and Language Pathology for a language delay.
- Bridget has family members who love spending time with Ethan so Bridget can get a break. Bridget also has a new group of mom friends she's met at the Bixby Stroller Walk, Mom's Connection Group, and PCC playgroups.
- Bridget worked with PCC to obtain her Licensed Nursing Assistant through a collaboration with HCC and got a job at Residence at Otter Creek.



## Vermont Wage Benchmarks for a Family of Four





# Ethan goes to kindergarten

- Bridget moves into a Vergennes ACCT Apartment
- Ethan takes the bus to school and receives free breakfast and lunch.
- During the year, Ethan struggles with some behavior issues in class. His teacher coordinates meetings with Bridget, a learning specialist and the school-based clinician to develop a plan and a few interventions that help Ethan succeed in kindergarten.
- Bridget tried to enroll Ethan in soccer and t-ball through the rec department, but couldn't accommodate the hours based on her work schedule.



# Ethan graduates from elementary school



- ▶ Ethan is heading to Middle School. His elementary school and the middle school have provided supports to both he and Bridget as well as his peers to prepare for this transition.
- ▶ During the summers, Ethan attended a few free or low cost summer camps including the Maritime Museum, M.A.L.T and Bixby robotics series.
- ▶ Along the way, Bridget has been able to take advantage of free parenting education and supports offered by the school and community partners.

# Ethan is a teenager

- Ethan transitions well to middle school and goes to the Boys and Girls Club after school while waiting for sports.
- He plays sports and was supported by the coaches to waive his fee due to income
- Ethan is a hard working student and gets in-school help with science
- Ethan has a good group of friends, but has admitted to vaping because he doesn't think there is a risk to health
- Ethan works part-time at a Rockers as a dishwasher mostly to support his pizza habit.





# Ethan facing some changes



- Toward the end of high school, Ethan spends more time alone and quits sports because he develops respiratory issues (possibly due to vaping).
- Ethan starts dating Oliver (son of a migrant farm worker), but they mostly hangout at the house and not in public.
- His grades start to drop and he's getting into trouble at school. Bridget tries to talk to Ethan but he's angry and tells her to back off.
- Ethan has starting binge drinking on the weekends, and occasionally vaping cannabis.
- Bridget recognizes Ethan's behavior patterns from her own past with substance use.

# Ethan gets help

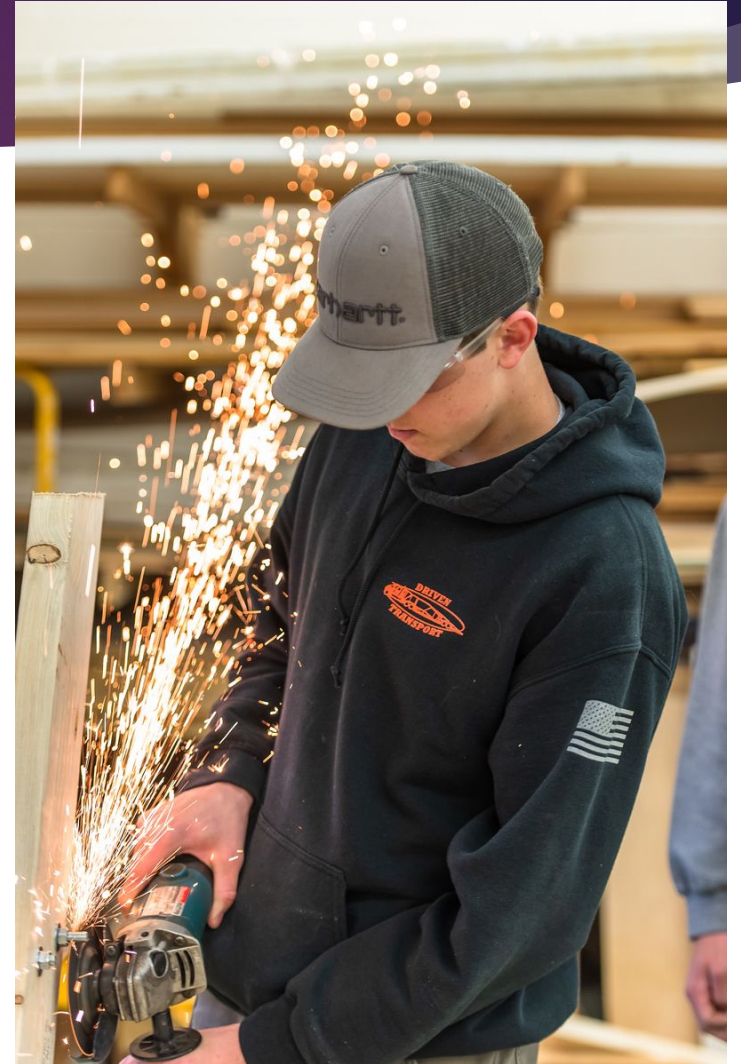


- He has started counseling services at CSAC through the Open-Dialogue Model and peer support from Turning Point Center.
- Ethan makes new friends at the Boys and Girls Center engaging in community service hours and various trade learning opportunities.
- Even though Ethan received an early intervention and has made some changes in his life, he has missed a lot of school and is struggling to catch up.
- Ethan and Oliver connect with Outright VT and take part in the Teen Center Pride Parade in Middlebury.



# Ethan's education/job training

- Ethan decides to dropout of high school. With help from Vermont Adult Learning, he receives his degree in time to walk with his classmates at graduation.
- Oliver takes part in the HCC Teen Makery and volunteers at the Open Door Clinic as an Spanish interpreter.
- Ethan decides to apprentice with a local welder.
- Ethan completes his hours for certification and decides to work for himself.



# Ethan starts adulting

- Ethan is living at home with Bridget. He's paying his bills and hangs out with friends on the weekends.
- Ethan and Oliver become more serious, and Oliver moves into the the house while they look for an apartment/house.



# Ethan is becoming a Parent

- Ethan and Oliver get married and become foster parents through DCF.
- While they struggle with the transition of parenting, they come to love their foster daughter and hope to adopt her.
- They receive supports through DCF, CSAC, PCC, and Guardian ad Litem.
- Ethan's foster daughter has a pediatrician, receives WIC benefits, and home visiting.
- After 3 years, Ethan and Oliver move in together at the Firehouse ACCT Apartments in Bristol. They transition their care to Mountain Community Health for their health/dental care.
- They adopt a dog from Homeward Bound.





# Many years later, Bridget gets sick

- Bridget develops dementia and one of her main goals is to stay at home for as long as possible.
- She receives nursing care from Addison County Home Health and Hospice and has an aide through the Medicaid Choices for Care program.
- A social worker from Age Well helps her find community resources as her needs change. She also helps Bridget with her Advance Directive which will help Ethan as her condition worsens. He will be aware of her wishes and will be able to follow them.
- Ethan gets caregiver support from Elderly Services and brings his mom twice a week

# Ethan and Oliver are caregivers

- ACHHH Food for Soul delivers a meal to Bridget, Ethan and Oliver once a week while on Hospice and also Age Well's Meals on Wheels.
- Bridget, after 1.5 years gets accepted into East View, but her condition had worsened and she needed the support from the Arch Room at Helen Porter.
- As time goes by Bridget receives care by the palliative care doctor from Porter Hospital and nurses from ACHHH who monitor her symptoms and control her pain. The Porter Hospital chaplain visits her on a regular basis.





# Bridget dies well

- Bridget receives the services of End of Life Services at HP, Helen Porter clinical staff, and specially-trained ARCH volunteers who are present in the ARCH rooms on a daily basis.
- She has access to the services provided by death doulas who were trained at UVM.
- Bridget passes away peacefully with Ethan, Oliver and their daughter by her side.
- The ACHHH social worker who helped Bridget remained available to Ethan on a regular basis for 13 months, helping him navigate anniversaries and process his grief over the loss of his mother. Ethan decides to join a bereavement group offered by ACHHH and he finds the interaction with other family members very comforting.

# Time to Process

Let the story sink in, take some time to process, and  
grab some snacks

# Small Group Discussion #1 (Data Processing)

## Questions:

- What are your main takeaways from this presentation?
- What is something new that you learned?
- What are some partnership opportunities that stood out to you? (New or expanded partnerships)

In-Person: Please indicate your group or individual thoughts on the Large Post-Its around the room

Zoom: Post thoughts on the Whiteboard



# Small Group Share Out



# Small Group Discussion # 2

## (Strategic Planning)

### Questions:

- Outside of your organizations internal priorities, what priorities does this data highlight from a community perspective?
- What else do you want to know about, that we missed, or that is not being addressed in workgroup/committee?

Who else in the community is working on this? **See list of community meetings.**





# Small Group Share Out



# Thank You!



Follow Up Meeting - Fall?  
(survey to come)