



# 2025 Addison County Youth Survey



## SUMMARY OF RESULTS

**MAY 2025**

Prepared by: Pacific Institute for Research and Evaluation

# Acknowledgments

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# Background and Methods

## Purpose of this report...

The 2025 Addison County Youth Survey was conducted to provide data that can help inform and improve substance misuse prevention programs for Addison County youth and families. This data will also be used to support the evaluation of the United Way of Addison County's (UWAC) Drug Free Communities grant. Similar surveys were conducted in 2021, 2023, and 2024 and these results are also included in this report.

## Survey methods...

The survey, which was accessed and completed online, was conducted in six Addison County schools serving students in grades 6-12 during February and March of 2025. Participating schools included:

- Middlebury Union High School
- Middlebury Union Middle School
- Mt. Abraham Union High School
- Mt. Abraham Union Middle School
- Vergennes Union High School
- Vergennes Union Middle School

Information about the survey and the opportunity to opt their students out of taking the survey was shared by participating schools with parents ahead of time. Participation was voluntary and student responses were anonymous.

## What's included in this report...

Findings from the 2025 survey have been summarized in three sets of tables below:

- **Tables A-G** include countywide rates for all 2025 survey items for **high school** respondents, including data from 2021, 2023, and 2024 when available.
- **Tables H-N** include countywide rates for all 2025 survey items for **middle school** respondents, including comparisons to 2021, 2023, and 2024 when available.
- **Tables O-FF** include selected survey items by **populations of focus** (as defined by gender, race/ethnicity, and sexual orientation and gender identity), for 2025.

Most of the values in the tables are the percent of youth reporting each response listed. For some items (e.g. tables A and D), response options have been combined and the values shown are the combined percent responding to those response options. For example, in the first section of table A, the prevalence rate for perceived risk of harm from the use of various substances is defined as the percent of respondents who perceived the risk of harm to be either moderate or great risk.

For questions that were also included in previous year's surveys, the data for those questions are provided here as well for comparisons purposes. Note that the 2021 survey was completed in the fall (as opposed to the spring in 2023, 2024, and 2025). Students completing the survey in 2021 were younger overall which could influence these estimates. In addition, students who completed the survey in 2021 were

facing different educational and social circumstances due to the COVID-19 pandemic, which could also influence the results for that year. For these reasons, differences between the estimates for 2021 and later years should be interpreted with caution.

To protect the anonymity of respondents, data is suppressed when fewer than 25 people answered a particular question or when fewer than 5 people answered a question in a particular way. These instances are noted with dashes in the cell (---).

## Representativeness of the sample and data accuracy ...

PIRE ran consistency checks on the data to identify, and in some cases exclude, responses that were logically inconsistent or questionable. These internal reliability checks help identify the small percentage of students who may not have answered truthfully and can reduce some sources of error, but not all.

The data were also weighted by grade level, a mathematical procedure that makes data representative of the population from which it was drawn.

## Statistical Significance...

In all sets of tables, statistically significant differences for prevalence rates between years or between subgroups being compared are noted with yellow shading. In the first group of tables showing countywide rates by year, the cell containing the rate for 2025 is shaded yellow if there is a difference at the  $p < .05$  level from the 2024 rate. For the group of tables comparing rates for populations of focus, estimates are provided for 2025 only and cells are shaded when the difference between the groups is significant at the  $p < .05$  level. Significance tests for cross-year or subgroup differences were conducted for all survey items reported in each table except those pertaining to demographic characteristics or in cases in which the survey item was not asked in 2024 or 2025 (for cross-year comparisons).

## Rates for Addison County – High School

**TABLE A. Substance Use Protective Factors**

Protective factor:	HS 2021	HS 2023	HS 2024	HS 2025
<b>Think people have moderate or great risk of harming themselves if they...</b>	(n=803)	(n=656)	(n=588)	(n=680)
Have five or more drinks of an alcoholic beverage once or twice each weekend	76.3	71.6	70.3	69.5
Smoke one or more packs of cigarettes a day	87.8	84.5	78.9	80.6
Use electronic vapor products regularly	80.3	79.7	81.8	80.0
Smoke marijuana/cannabis once or twice a week	46.9	49.3	51.7	60.5
Use prescription drugs that are not prescribed to them	91.3	88.5	81.5	83.8
<b>Think people have <u>great</u> risk of harming themselves if they...</b>	(n=803)	(n=656)	(n=588)	(n=680)
Have five or more drinks of an alcoholic beverage once or twice each weekend	34.2	31.5	25.3	36.3
Smoke one or more packs of cigarettes a day	67.5	63.6	57.0	59.0
Use electronic vapor products regularly	42.7	43.5	44.1	48.7
Smoke marijuana/cannabis once or twice a week	19.5	19.1	18.4	27.7
Use prescription drugs that are not prescribed to them	69.5	63.9	51.7	59.7
<b>Believe parents think it is wrong or very wrong for them to...</b>	(n=800)	(n=653)	(n=587)	(n=682)
Have one or two alcoholic beverages nearly every day	93.4	88.2	88.8	87.7
Smoke tobacco	95.8	92.0	93.1	88.3
Use electronic vapor products	94.4	91.9	93.6	88.5
Use marijuana/cannabis	79.4	79.5	79.6	81.2
Use prescription drugs that are not prescribed to them	97.8	95.1	95.6	92.4
<b>Believe friends think it is wrong or very wrong for them to...</b>	(n=799)	(n=651)	(n=585)	(n=680)
Have one or two alcoholic beverages nearly every day	70.1	67.9	71.6	75.7
Smoke tobacco	77.6	71.2	75.3	74.8

Use electronic vapor products	62.1	60.9	69.8	72.0
Use marijuana/cannabis	50.3	50.0	55.3	64.3
Use prescription drugs that are not prescribed to them	86.9	84.1	86.1	85.7

**TABLE B. Substance Use**

	HS 2021	HS 2023	HS 2024	HS 2025
<b>Any use in the past 30 days</b>	(n=802)	(n=652)	(n=585)	(n=682)
Alcohol	24.2	29.2	19.5	19.2
Cigarettes	5.1	6.2	5.6	7.6
Electronic vapor products	12.4	14.2	9.5	10.1
Smokeless tobacco and/or nicotine products <sup>1</sup>				6.5
Marijuana/cannabis	17.0	20.4	14.6	14.5
Misuse of prescription drugs	2.5	2.4	1.8	3.3

**TABLE C. Parent Communication About Alcohol and Other Drug Use**

	HS 2021	HS 2023	HS 2024	HS 2025
<b>In the last 12 months, how many times did a parent or caregiver have a conversation with you about the potential risks of alcohol or other drug use?</b>	(n=800)	(n=652)	(n=584)	(n=682)
0 times	49.8	50.1	48.0	55.7
1 time	19.0	21.0	18.8	18.3
2 times	16.7	15.2	16.5	14.3
3 or more times	14.5	13.7	16.7	11.6

<sup>1</sup> This was a new item in 2025.



**TABLE D. Assets**

	HS 2021	HS 2023	HS 2024	HS 2025
<b>Somewhat or strongly agree...</b>		(n=647)	(n=577)	(n=679)
I am optimistic about my future		75.9	73.7	78.3
At my school, I feel like I belong		52.5	58.3	60.9
Students in my school respect each other's differences (for example, gender, race, culture, disability, sexual orientation, learning differences, etc.)		40.1	44.1	49.8
I feel valued by adults in my community.		62.5	67.4	67.8
I am given useful roles in my community.		54.0	59.3	63.9

**TABLE E. Loneliness and Absenteeism (new in 2025)**

	HS 2021	HS 2023	HS 2024	HS 2025
<b>How often do you feel lonely?</b>				(n=680)
Often, almost always, or always				23.4
Sometimes, almost never, or never				76.6
<b>In the past 30 days did you miss 2 or more whole days of school?</b>				(n=682)
Yes				42.4
No				57.6
<b>[if yes to above] What were the reasons why you missed school?<sup>2</sup></b>				(n=289)
Illness				76.9
Was bullied or mistreated at school				2.9
Felt very sad, hopeless, anxious, stressed, or angry				15.5
Didn't get enough sleep				21.3
Didn't feel safe at school or going to and from school				2.6
Had to take care of or help a family member or friend				6.2
Wanted to spend time with friends				4.6
Used alcohol or drugs				1.8
Was behind in schoolwork or wasn't prepared for a test or class assignment				7.0
Was bored or uninterested in school				16.3
Had no transportation to school				2.8
Travel				3.3
Snow days				2.9
Sports/extracurricular activity				5.3
Appointment				2.8
Other reason				5.2

<sup>2</sup> Because this item was select all that apply, response options may sum to more than 100.

**TABLE F. Issues that students are concerned about (asked in 2024 and 2025 only)**

	HS 2024	HS 2025
<b>Feel that the following issues are a <u>big concern</u> for youth in their school and/or community.</b>	(n=572)	(n=677)
Bullying	16.2	15.6
Dating or relationship violence	18.9	16.3
Racism	24.3	21.4
Sexism	24.1	21.7
Homophobia/transphobia	29.8	27.3
Religious discrimination	13.5	14.4
Xenophobia	13.5	14.4
Ableism and barriers to accessibility	19.0	16.0
Body shaming	27.4	25.8
Alcohol use	24.4	22.4
Marijuana/cannabis use	26.4	25.7
Vaping	46.4	39.7
Other drug use	23.7	22.0
Mental health	42.0	38.8
Suicide	22.2	21.5
Having enough money	19.2	18.9
Having enough food	15.9	18.2

Other/write-in responses in 2025 included (n=59): Sexual assault, violence/safety, hateful speech, poor school response to bullying, housing, students vaping or using tobacco at school, disinterest in school or skipping classes, the future.

**TABLE G. Respondent Demographics**

	HS 2021	HS 2023	HS 2024	HS 2025
<b>Which school do you attend?</b>	(n=816)	(n=656)	(n=592)	(n=685)
Middlebury Union High School	47.7	42.8	48.8	50.1
Mt. Abraham Union High School	33.1	33.2	27.2	30.5
Vergennes Union High School	19.2	23.9	23.1	19.4
Other	---	---	---	---
<b>In what grade are you?</b>	(n=814)	(n=657)	(n=592)	(n=681)
9 <sup>th</sup>	29.1	27.9	29.9	33.0
10 <sup>th</sup>	24.6	28.5	23.8	25.8
11 <sup>th</sup>	26.2	22.2	25.3	22.2
12 <sup>th</sup>	20.2	21.5	20.9	18.9
Ungraded or other	---	---	---	---
<b>What is your gender?</b>	(n=798)	(n=647)	(n=565)	(n=679)
Female	45.9	46.8	46.9	48.0
Male	46.6	48.5	46.0	47.1
Non-binary	3.3	2.5	4.1	1.8
I prefer to self-describe	4.3	2.2	3.0	3.1
<b>Are you Hispanic or Latino/a?<sup>3</sup></b>	(n=789)	(n=644)	(n=563)	
Yes	4.7	7.0	6.4	
No	95.3	93.0	93.6	
<b>What is your race and/or ethnicity?<sup>4</sup></b>	(n=795)	(n=643)	(n=560)	(n=677)
American Indian or Alaska Native	2.3	2.6	4.5	5.5
Asian	3.8	4.2	5.7	4.3
Black or African American	2.5	5.9	4.1	4.9
Hispanic or Latino				4.4
Middle Eastern or North African <sup>5</sup>				1.5
Native Hawaiian or Other Pacific Islander	0.6	1.6	2.0	1.3

<sup>3</sup> In 2025, this and the question about race were combined and Hispanic or Latino was included as a response option in the combined question. As a result, these data are reported under the next question for 2025.

<sup>4</sup> Because this item was select all that apply, response options may sum to more than 100.

<sup>5</sup> This was a new response option in 2025.

White	95.5	93.9	93.8	91.7
Two or more races <sup>6</sup>	3.8	5.9	6.3	8.6
<b>Which of the following best describes you?</b>	(n=796)	(n=646)	(n=559)	(n=678)
Heterosexual (straight)	70.7	71.1	72.6	77.3
Gay or lesbian	2.9	5.0	4.5	3.1
Bisexual	13.1	13.5	11.6	9.7
I describe my sexuality some other way	6.3	4.5	5.4	4.7
I am not sure about my sexual identity (questioning)	5.8	5.4	3.2	2.2
I do not know what this question is asking	1.3	0.6	2.7	2.9
<b>Are you transgender?</b>	(n=796)	(n=647)	(n=566)	(n=679)
No	93.0	93.0	89.8	92.3
Yes	3.9	3.9	5.5	3.7
I am not sure	2.8	2.3	3.0	2.1
I do not know what this question is asking	---	0.8	1.8	1.9

<sup>6</sup> This variable was calculated from respondents who selected two or more response options for this item.

## Rates for Addison County – Middle School

**TABLE H. Substance Use Protective Factors**

Protective factor:	MS 2021	MS 2023	MS 2024	MS 2025
<b>Think people have moderate or great risk of harming themselves if they...</b>	(n=273)	(n=252)	(n=483)	(n=632)
Have five or more drinks of an alcoholic beverage once or twice each weekend	70.9	73.8	64.2	70.1
Smoke one or more packs of cigarettes a day	87.8	84.5	72.0	79.2
Use electronic vapor products regularly	80.3	76.7	75.7	77.2
Smoke marijuana/cannabis once or twice a week	66.7	66.0	60.3	65.9
Use prescription drugs that are not prescribed to them	90.8	83.2	73.4	80.8
<b>Think people have <u>great</u> risk of harming themselves if they...</b>	(n=273)	(n=252)	(n=483)	(n=632)
Have five or more drinks of an alcoholic beverage once or twice each weekend	32.5	29.3	28.2	37.5
Smoke one or more packs of cigarettes a day	65.7	53.9	52.9	59.9
Use electronic vapor products regularly	47.5	40.7	45.2	50.6
Smoke marijuana/cannabis once or twice a week	33.1	26.7	27.4	38.0
Use prescription drugs that are not prescribed to them	67.4	54.6	53.2	61.2
<b>Believe parents think it is wrong or very wrong for them to...</b>	(n=269)	(n=253)	(n=482)	(n=631)
Have one or two alcoholic beverages nearly every day	92.6	90.5	90.9	91.3
Smoke tobacco	95.9	91.7	92.9	93.4
Use electronic vapor products	94.4	92.9	92.9	93.3
Use marijuana/cannabis	92.2	88.9	90.7	92.1
Use prescription drugs that are not prescribed to them	97.1	92.8	93.1	94.6
<b>Believe friends think it is wrong or very wrong for them to...</b>	(n=272)	(n=252)	(n=482)	(n=628)
Have one or two alcoholic beverages nearly every day	85.0	82.9	84.0	86.7
Smoke tobacco	87.9	88.3	90.4	90.3

Use electronic vapor products	81.0	84.3	88.5	87.6
Use marijuana/cannabis	81.9	80.7	88.0	88.9
Use prescription drugs that are not prescribed to them	89.8	87.5	92.1	90.5

**TABLE I. Substance Use**

	MS 2021	MS 2023	MS 2024	MS 2025
<b>Any use in the past 30 days</b>	(n=272)	(n=254)	(n=482)	(n=633)
Alcohol	5.5	6.3	6.5	4.2
Cigarettes	0.4	2.0	1.3	---
Electronic vapor products	3.6	4.8	4.0	1.1
Smokeless tobacco and/or nicotine products <sup>7</sup>				---
Marijuana/cannabis	2.2	3.2	3.6	1.1
Misuse of prescription drugs	0.7	1.2	1.9	2.1

**TABLE J. Parent Communication About Alcohol and Other Drug Use**

	MS 2021	MS 2023	MS 2024	MS 2025
<b>In the last 12 months, how many times did a parent or caregiver have a conversation with you about the potential risks of alcohol or other drug use?</b>	(n=271)	(n=254)	(n=481)	(n=633)
0 times	52.7	49.2	43.0	52.0
1 time	21.1	21.7	20.4	18.3
2 times	14.4	19.7	16.7	15.3
3 or more times	11.8	9.5	19.9	14.4

<sup>7</sup> This was a new item in 2025.

**TABLE K. Assets**

	MS 2021	MS 2023	MS 2024	MS 2025
<b>Somewhat or strongly agree...</b>		(n=254)	(n=478)	(n=626)
I am optimistic about my future		69.3	73.4	73.2
At my school, I feel like I belong		57.9	62.1	67.7
Students in my school respect each other's differences (for example, gender, race, culture, disability, sexual orientation, learning differences, etc.)		44.9	43.8	42.3
I feel valued by adults in my community.		63.2	64.4	71.1
I am given useful roles in my community.		50.4	55.6	61.9



**TABLE L. Loneliness and Absenteeism (New in 2025)**

	MS 2021	MS 2023	MS 2024	MS 2025
<b>How often do you feel lonely?</b>				(n=630)
Often, almost always, or always				18.2
Sometimes, almost never, or never				81.8
<b>In the past 30 days did you miss 2 or more whole days of school?</b>				(n=630)
Yes				42.7
No				57.3
<b>[if yes to above] What were the reasons why you missed school?<sup>8</sup></b>				(n=266)
Illness				77.6
Was bullied or mistreated at school				4.5
Felt very sad, hopeless, anxious, stressed, or angry				11.0
Didn't get enough sleep				16.5
Didn't feel safe at school or going to and from school				2.3
Had to take care of or help a family member or friend				4.5
Wanted to spend time with friends				---
Used alcohol or drugs				---
Was behind in schoolwork or wasn't prepared for a test or class assignment				1.9
Was bored or uninterested in school				4.6
Had no transportation to school				2.3
Travel				4.9
Snow days				9.7
Sports/extracurricular activity				2.6
Appointment				2.2
Other reason				7.1

<sup>8</sup> Because this item was select all that apply, response options may sum to more than 100.

**TABLE M. Issues that students are concerned about (asked in 2024 and 2025 only)**

	MS 2024	MS 2025
<b>Feel that the following issues are a <u>big concern</u> for youth in their school and/or community.</b>	(n=474)	(n=624)
Bullying	21.2	24.7
Dating or relationship violence	18.1	18.8
Racism	33.3	36.8
Sexism	29.0	31.0
Homophobia/transphobia	29.7	32.6
Religious discrimination	17.8	21.2
Xenophobia	18.7	21.1
Ableism and barriers to accessibility	18.4	22.0
Body shaming	38.7	39.4
Alcohol use	19.8	20.7
Marijuana/cannabis use	22.5	23.9
Vaping	39.4	37.4
Other drug use	23.6	24.4
Mental health	38.1	35.6
Suicide	31.1	28.6
Having enough money	23.0	21.6
Having enough food	21.1	21.6

**TABLE N. Respondent Demographics**

	MS 2021	MS 2023	MS 2024	MS 2025
<b>Which school do you attend?</b>	(n=281)	(n=254)	(n=482)	(n=636)
Middlebury Union Middle School	---	---	46.3	50.5
Mt. Abraham Union Middle School	66.2	62.2	33.2	24.7
Vergennes Union Middle School	33.8	36.6	20.3	24.8
Other	---	---	---	---
<b>In what grade are you?</b>	(n=280)	(n=254)	(n=485)	(n=636)
6 <sup>th</sup>	---	---	---	24.7
7 <sup>th</sup>	46.8	52.4	50.1	38.1
8 <sup>th</sup>	52.5	47.6	49.9	37.3
Ungraded or other	---	---	---	---
<b>What is your gender?</b>	(n=272)	(n=250)	(n=474)	(n=631)
Female	41.5	44.8	52.5	46.6
Male	51.1	46.0	42.4	49.6
Non-binary	2.6	4.0	1.1	1.4
I prefer to self-describe	4.8	5.2	4.0	2.4
<b>Are you Hispanic or Latino/a?<sup>9</sup></b>	(n=267)	(n=249)	(n=472)	
Yes	5.2	6.4	5.3	
No	94.8	93.6	94.7	
<b>What is your race and/or ethnicity?<sup>10</sup></b>	(n=267)	(n=246)	(n=461)	(n=627)
American Indian or Alaska Native	2.3	7.3	5.6	6.4
Asian	3.8	2.4	5.4	3.3
Black or African American	2.5	7.3	4.8	4.8
Hispanic or Latino				4.8
Middle Eastern or North African <sup>11</sup>				1.0
Native Hawaiian or Other Pacific Islander	---	3.7	1.5	0.3
White	95.5	90.7	92.8	89.8

<sup>9</sup> In 2025, this and the question about race were combined and Hispanic or Latino was included as a response option in the combined question. As a result, these data are reported under the next question for 2025.

<sup>10</sup> Because this item was select all that apply, response options may sum to more than 100.

<sup>11</sup> This was a new response option in 2025.

Two or more races <sup>12</sup>	3.8	8.1	6.9	8.3
<b>Which of the following best describes you?</b>	(n=270)	(n=252)	(n=472)	(n=619)
Heterosexual (straight)	75.6	73.4	71.8	77.7
Gay or lesbian	4.8	4.8	4.2	3.7
Bisexual	9.3	8.3	9.3	6.1
I describe my sexuality some other way	3.7	6.7	5.3	2.6
I am not sure about my sexual identity (questioning)	3.3	4.8	3.6	4.7
I do not know what this question is asking	3.3	2.0	5.7	5.2
<b>Are you transgender?</b>	(n=270)	(n=251)	(n=475)	(n=627)
No	95.2	89.6	92.4	93.6
Yes	2.2	6.0	2.9	1.9
I am not sure	---	3.2	3.2	2.7
I do not know what this question is asking	---	---	1.5	1.8

<sup>12</sup> This variable was calculated from respondents who selected two or more response options for this item.

## Rates for selected survey items by populations of focus

### Rates By Gender

TABLE O. Substance Use Protective Factors by Gender

Protective Factor:	MS 2025 Male	MS 2025 Female	HS 2025 Male	HS 2025 Female
<b>Think people have moderate or great risk of harming themselves if they...</b>	(n=312)	(n=293)	(n=318)	(n=324)
Have five or more drinks of an alcoholic beverage once or twice each weekend	67.5	72.5	63.9	74.7
Smoke one or more packs of cigarettes per day	75.8	83.6	76.0	86.5
Use electronic vapor products regularly	74.5	80.0	75.6	84.3
Smoke marijuana/cannabis once or twice a week	62.9	69.4	52.6	68.3
Use prescription drugs that are not prescribed to them	79.2	82.8	79.8	88.3
<b>Think people have <u>great</u> risk of harming themselves if they...</b>	(n=312)	(n=293)	(n=318)	(n=323)
Have five or more drinks of an alcoholic beverage once or twice each weekend	35.3	40.3	31.7	40.5
Smoke one or more packs of cigarettes per day	57.0	63.2	55.1	64.2
Use electronic vapor products regularly	48.4	52.6	46.6	51.6
Smoke marijuana/cannabis once or twice a week	34.1	42.0	26.1	30.7
Use prescription drugs that are not prescribed to them	59.0	63.9	54.8	66.1
<b>Believe parents think it is wrong or very wrong for them to...</b>	(n=311)	(n=292)	(n=319)	(n=323)
Have one or two alcoholic beverages nearly every day	88.5	94.1	84.3	91.3
Smoke tobacco	91.0	95.8	84.2	92.4
Use electronic vapor products	91.3	95.5	85.7	91.4
Use marijuana/cannabis	90.3	94.0	76.6	86.0
Use prescription drugs that are not prescribed to them	93.2	96.2	89.8	96.0
<b>Believe friends think it is wrong or very wrong for them to...</b>	(n=310)	(n=291)	(n=319)	(n=324)
Have one or two alcoholic beverages nearly every day	83.5	90.3	68.1	83.6
Smoke tobacco	86.7	94.4	66.7	82.7
Use electronic vapor products	85.7	90.2	66.6	77.3
Use marijuana/cannabis	85.4	93.0	58.5	70.7
Use prescription drugs that are not prescribed to them	87.3	94.8	80.3	91.8

**TABLE P. Substance Use by Gender**

	MS 2025 Male	MS 2025 Female	HS 2025 Male	HS 2025 Female
<b>Any use in the past 30 days</b>	(n=311)	(n=294)	(n=321)	(n=325)
Alcohol	5.2	3.1	18.4	19.2
Cigarettes	---	---	9.5	3.9
Electronic vapor products	---	---	11.5	7.0
Smokeless tobacco and/or nicotine products	---	---	8.7	2.1
Marijuana/cannabis	---	2.1	15.8	12.2
Misuse of prescription drugs	---	2.8	3.9	1.3

**TABLE Q. Parent Communication About Alcohol and Other Drug Use by Gender**

	MS 2025 Male	MS 2025 Female	HS 2025 Male	HS 2025 Female
<b>In the last 12 months, how many times did a parent or caregiver have a conversation with you about the potential risks of alcohol or other drug use?</b>	(n=311)	(n=293)	(n=321)	(n=324)
0 times	51.5	52.3	56.1	57.0
1 time	17.3	20.2	15.2	20.5
2 times	15.5	14.5	14.4	13.4
3 or more times	15.7	13.1	14.3	9.1

**TABLE R. Assets by Gender**

	MS 2025 Male	MS 2025 Female	HS 2025 Male	HS 2025 Female
<b>Somewhat or strongly agree...</b>	(n=311)	(n=291)	(n=320)	(n=324)
I am optimistic about my future	76.3	72.3	75.4	84.3
At my school, I feel like I belong	73.5	63.7	63.4	60.7
Students in my school respect each other's differences (for example, gender, race, culture, disability, sexual orientation, learning differences, etc.)	49.9	36.8	51.7	48.9
I feel valued by adults in my community.	74.9	68.2	70.6	67.8
I am given useful roles in my community.	65.3	60.7	65.1	65.7

**TABLE S. Loneliness and Absenteeism**

	MS 2025 Male	MS 2025 Female	HS 2025 Male	HS 2025 Female
<b>How often do you feel lonely?</b>	(n=310)	(n=293)	(n=320)	(n=324)
Often, almost always, or always	13.9	20.9	19.3	25.7
Sometimes, almost never, or never	86.1	79.1	80.7	74.3
<b>In the past 30 days did you miss 2 or more whole days of school?</b>	(n=310)	(n=294)	(n=321)	(n=324)
Yes	58.4	56.8	36.7	49.4
No	41.6	43.2	63.3	50.6
<b>[if yes to above] What were the reasons why you missed school?<sup>13</sup></b>	(n=127)	(n=127)	(n=116)	(n=159)
Illness	78.9	77.1	75.6	78.5
Was bullied or mistreated at school	---	4.8	---	---
Felt very sad, hopeless, anxious, stressed, or angry	---	16.0	7.7	19.6
Didn't get enough sleep	11.8	20.6	17.2	23.1
Didn't feel safe at school or going to and from school	---	3.9	---	3.3
Had to take care of or help a family member or friend	---	7.1	9.3	3.9
Wanted to spend time with friends	---	---	---	6.4
Used alcohol or drugs	---	---	---	---
Was behind in schoolwork or wasn't prepared for a test or class assignment	---	---	4.9	7.4
Was bored or uninterested in school	4.0	5.6	16.1	15.3
Had no transportation to school	---	---	5.5	---
Travel	4.7	5.6	---	4.7
Snow days	9.5	9.4	---	---
Sports/extracurricular activity	3.9	---	8.9	3.0
Appointment	---	---	---	4.5
Other reason	5.4	9.5	7.6	3.8

<sup>13</sup> Because this item was select all that apply, response options may sum to more than 100.



**TABLE T. Issues that students are concerned about by Gender**

	MS 2025 Male	MS 2025 Female	HS 2025 Male	HS 2025 Female
<b>Feel that the following issues are a big concern for youth in their school and/or community.</b>	(n=310)	(n=289)	(n=320)	(n=324)
Bullying	17.7	31.9	11.1	19.3
Dating or relationship violence	14.1	23.5	14.1	18.4
Racism	31.1	42.3	18.7	23.7
Sexism	25.0	37.4	16.0	25.8
Homophobia/transphobia	24.1	39.4	22.4	30.3
Religious discrimination	19.3	23.1	13.9	14.4
Xenophobia	20.2	21.4	13.4	14.5
Ableism and barriers to accessibility	19.9	24.2	13.8	16.1
Body shaming	31.9	47.2	18.5	32.4
Alcohol use	17.5	24.9	17.1	27.7
Marijuana/cannabis use	20.2	28.7	20.2	30.8
Vaping	34.0	41.9	31.7	46.9
Other drug use	22.3	27.1	18.1	25.7
Mental health	27.0	42.7	27.7	48.3
Suicide	22.0	35.4	18.4	24.5
Having enough money	17.1	27.2	15.2	21.6
Having enough food	16.5	28.3	15.8	20.0

## Rates By Race/Ethnicity

TABLE U. Substance Use Protective Factors by Race/Ethnicity

Protective Factor:	MS 2025 White Non- Hispanic	MS 2025 BIPOC	HS 2025 White Non- Hispanic	HS 2025 BIPOC
<b>Think people have moderate or great risk of harming themselves if they...</b>	(n=517)	(n=109)	(n=564)	(n=109)
Have five or more drinks of an alcoholic beverage once or twice each weekend	71.4	66.1	70.9	64.1
Smoke one or more packs of cigarettes per day	80.8	72.2	82.9	72.6
Use electronic vapor products regularly	78.2	72.9	81.3	75.4
Smoke marijuana/cannabis once or twice a week	67.0	61.8	61.8	54.8
Use prescription drugs that are not prescribed to them	82.5	74.6	86.2	74.2
<b>Think people have <u>great</u> risk of harming themselves if they...</b>	(n=517)	(n=109)	(n=564)	(n=109)
Have five or more drinks of an alcoholic beverage once or twice each weekend	36.8	41.2	37.4	31.3
Smoke one or more packs of cigarettes per day	60.7	57.2	60.2	55.1
Use electronic vapor products regularly	51.4	46.7	50.3	40.9
Smoke marijuana/cannabis once or twice a week	38.8	34.1	28.3	23.8
Use prescription drugs that are not prescribed to them	61.4	61.3	62.2	48.1
<b>Believe parents think it is wrong or very wrong for them to...</b>	(n=516)	(n=109)	(n=563)	(n=109)
Have one or two alcoholic beverages nearly every day	92.4	85.5	89.3	79.9
Smoke tobacco	94.3	88.9	89.7	81.3
Use electronic vapor products	93.9	90.9	90.1	79.9
Use marijuana/cannabis	92.9	88.0	81.9	76.2
Use prescription drugs that are not prescribed to them	95.3	90.8	94.4	82.0
<b>Believe friends think it is wrong or very wrong for them to...</b>	(n=514)	(n=109)	(n=563)	(n=109)
Have one or two alcoholic beverages nearly every day	87.3	83.5	77.1	69.0
Smoke tobacco	91.1	86.1	76.0	68.0
Use electronic vapor products	88.8	81.5	74.3	59.1
Use marijuana/cannabis	89.0	88.0	65.9	54.4
Use prescription drugs that are not prescribed to them	91.2	87.1	87.8	74.7

**TABLE V. Substance Use by Race/Ethnicity**

	MS 2025 White Non- Hispanic	MS 2025 BIPOC	HS 2025 White Non- Hispanic	HS 2025 BIPOC
<b>Any use in the past 30 days</b>	(n=517)	(n=109)	(n=565)	(n=110)
Alcohol	3.7	5.6	17.8	28.0
Cigarettes	---	---	5.5	19.1
Electronic vapor products	1.2	---	7.8	22.5
Smokeless tobacco and/or nicotine products	---	---	4.5	16.8
Marijuana/cannabis	1.4	---	13.1	22.7
Misuse of prescription drugs	1.9	---	1.8	11.0

**TABLE W. Parent Communication About Alcohol and Other Drug Use by Race/Ethnicity**

	MS 2025 White Non- Hispanic	MS 2025 BIPOC	HS 2025 White Non- Hispanic	HS 2025 BIPOC
<b>In the last 12 months, how many times did a parent or caregiver have a conversation with you about the potential risks of alcohol or other drug use?</b>	(n=517)	(n=109)	(n=565)	(n=110)
0 times	49.7	62.1	55.1	57.0
1 time	19.9	11.9	19.3	13.5
2 times	16.0	13.0	14.4	14.9
3 or more times	14.5	13.0	11.2	14.6

**TABLE X. Assets by Race/Ethnicity**

	MS 2025 White Non- Hispanic	MS 2025 BIPOC	HS 2025 White Non- Hispanic	HS 2025 BIPOC
<b>Somewhat or strongly agree...</b>	(n=514)	(n=109)	(n=565)	(n=109)
I am optimistic about my future	74.4	70.0	81.2	63.3
At my school, I feel like I belong	69.1	62.7	63.1	48.3
Students in my school respect each other's differences (for example, gender, race, culture, disability, sexual orientation, learning differences, etc.)	43.6	37.1	50.1	47.8
I feel valued by adults in my community.	72.4	65.8	70.0	54.6
I am given useful roles in my community.	62.6	59.1	66.3	49.4

**TABLE Y. Loneliness and Absenteeism**

	MS 2025 White Non- Hispanic	MS 2025 BIPOC	HS 2025 White Non- Hispanic	HS 2025 BIPOC
<b>How often do you feel lonely?</b>	(n=515)	(n=109)	(n=564)	(n=110)
Often, almost always, or always	17.0	22.8	21.9	32.1
Sometimes, almost never, or never	83.0	77.2	78.1	67.9
<b>In the past 30 days did you miss 2 or more whole days of school?</b>	(n=516)	(n=109)	(n=566)	(n=111)
Yes	42.1	47.6	41.7	47.7
No	57.9	52.4	58.3	52.3
<b>[if yes to above] What were the reasons why you missed school?<sup>14</sup></b>	(n=216)	(n=51)	(n=233)	(n=53)
Illness	80.1	66.6	76.8	76.9
Was bullied or mistreated at school	4.7	---	2.1	---
Felt very sad, hopeless, anxious, stressed, or angry	9.9	15.6	14.5	20.2
Didn't get enough sleep	15.4	21.3	20.2	26.6
Didn't feel safe at school or going to and from school	---	---	2.2	---
Had to take care of or help a family member or friend	4.2	---	5.5	9.3
Wanted to spend time with friends	---	---	4.7	---
Used alcohol or drugs	---	---	---	---
Was behind in schoolwork or wasn't prepared for a test or class assignment	2.3	---	7.5	---
Was bored or uninterested in school	3.8	---	15.4	20.6
Had no transportation to school	---	---	2.5	---
Travel	5.6	---	3.4	---
Snow days	10.6	---	2.9	---
Sports/extracurricular activity	3.2	---	6.1	---
Appointment	2.8	---	2.1	---
Other reason	6.0	11.8	6.0	---

<sup>14</sup> Because this item was select all that apply, response options may sum to more than 100.

**TABLE Z. Issues that students are concerned about by Race/Ethnicity**

	MS 2025 White Non- Hispanic	MS 2025 BIPOC	HS 2025 White Non- Hispanic	HS 2025 BIPOC
<b>Feel that the following issues are a big concern for youth in their school and/or community.</b>	(n=512)	(n=109)	(n=563)	(n=110)
Bullying	23.3	31.2	15.4	17.6
Dating or relationship violence	18.2	21.4	15.8	19.7
Racism	33.9	49.7	19.3	31.6
Sexism	29.5	37.6	20.4	28.1
Homophobia/transphobia	30.4	42.6	26.4	32.1
Religious discrimination	18.8	32.1	14.0	16.0
Xenophobia	18.4	32.1	13.5	18.0
Ableism and barriers to accessibility	20.1	30.0	14.4	23.8
Body shaming	37.1	49.3	25.7	26.7
Alcohol use	18.7	29.6	22.6	22.3
Marijuana/cannabis use	22.4	30.4	26.0	25.8
Vaping	36.1	43.4	40.7	36.0
Other drug use	22.8	31.5	22.3	21.4
Mental health	34.4	40.1	38.2	42.2
Suicide	27.6	32.7	21.4	22.0
Having enough money	21.0	24.5	18.8	20.4
Having enough food	22.2	18.0	17.8	21.1

## Rates By Sexual orientation and Gender identity (SOGI)

TABLE AA. Substance Use Protective Factors by SOGI

Protective Factor:	MS 2025 Cisgender Hetero	MS 2025 LGBTQ	HS 2025 Cisgender Hetero	HS 2025 LGBTQ
<b>Think people have moderate or great risk of harming themselves if they...</b>	(n=470)	(n=107)	(n=509)	(n=144)
Have five or more drinks of an alcoholic beverage once or twice each weekend	68.9	73.6	68.5	74.3
Smoke one or more packs of cigarettes per day	79.3	82.9	81.5	80.7
Use electronic vapor products regularly	76.6	82.7	80.4	80.4
Smoke marijuana/cannabis once or twice a week	66.3	65.2	60.1	62.5
Use prescription drugs that are not prescribed to them	80.5	84.7	84.3	85.2
<b>Think people have <u>great</u> risk of harming themselves if they...</b>	(n=469)	(n=108)	(n=509)	(n=144)
Have five or more drinks of an alcoholic beverage once or twice each weekend	36.9	37.2	34.9	42.4
Smoke one or more packs of cigarettes per day	59.0	67.7	60.2	59.3
Use electronic vapor products regularly	49.3	54.6	50.5	45.9
Smoke marijuana/cannabis once or twice a week	37.1	43.7	29.8	22.9
Use prescription drugs that are not prescribed to them	60.2	63.8	61.4	57.9
<b>Believe parents think it is wrong or very wrong for them to...</b>	(n=468)	(n=107)	(n=509)	(n=145)
Have one or two alcoholic beverages nearly every day	91.4	97.2	89.6	82.8
Smoke tobacco	93.5	98.1	89.8	85.1
Use electronic vapor products	94.0	97.1	89.9	84.2
Use marijuana/cannabis	92.6	94.3	81.8	79.3
Use prescription drugs that are not prescribed to them	95.0	97.2	94.1	88.2
<b>Believe friends think it is wrong or very wrong for them to...</b>	(n=468)	(n=106)	(n=507)	(n=145)
Have one or two alcoholic beverages nearly every day	86.6	92.4	75.8	74.6
Smoke tobacco	90.5	93.3	73.6	77.9
Use electronic vapor products	87.4	91.5	72.5	68.2
Use marijuana/cannabis	89.3	90.3	65.6	56.7
Use prescription drugs that are not prescribed to them	91.1	90.6	86.7	82.5

**TABLE BB. Substance Use by SOGI**

	MS 2025 Cisgender Hetero	MS 2025 LGBTQ	HS 2025 Cisgender Hetero	HS 2025 LGBTQ
<b>Any use in the past 30 days</b>	(n=469)	(n=107)	(n=511)	(n=144)
Alcohol	4.5	---	19.1	22.3
Cigarettes	---	---	6.6	11.9
Electronic vapor products	1.5	---	9.1	13.7
Smokeless tobacco and/or nicotine products	---	---	5.5	9.3
Marijuana/cannabis	1.5	---	13.1	20.8
Misuse of prescription drugs	1.7	4.8	1.9	8.6

**TABLE CC. Parent Communication About Alcohol and Other Drug Use by SOGI**

	MS 2025 Cisgender Hetero	MS 2025 LGBTQ	HS 2025 Cisgender Hetero	HS 2025 LGBTQ
<b>In the last 12 months, how many times did a parent or caregiver have a conversation with you about the potential risks of alcohol or other drug use?</b>	(n=469)	(n=108)	(n=511)	(n=144)
0 times	51.6	43.8	56.6	47.3
1 time	19.2	19.4	16.8	25.2
2 times	14.5	20.8	14.7	15.3
3 or more times	14.7	15.9	11.9	12.1



**TABLE DD. Assets by SOGI**

	MS 2025 Cisgender Hetero	MS 2025 LGBTQ	HS 2025 Cisgender Hetero	HS 2025 LGBTQ
<b>Somewhat or strongly agree...</b>	(n=468)	(n=107)	(n=510)	(n=144)
I am optimistic about my future	75.6	63.6	81.8	69.5
At my school, I feel like I belong	70.5	54.8	65.0	47.4
Students in my school respect each other's differences (for example, gender, race, culture, disability, sexual orientation, learning differences, etc.)	45.1	26.2	52.5	41.9
I feel valued by adults in my community.	72.3	61.2	71.2	57.4
I am given useful roles in my community.	65.4	44.2	67.1	54.7

**TABLE EE. Loneliness and Absenteeism**

	MS 2025 Cisgender Hetero	MS 2025 LGBTQ	HS 2025 Cisgender Hetero	HS 2025 LGBTQ
<b>How often do you feel lonely?</b>	(n=468)	(n=106)	(n=510)	(n=144)
Often, almost always, or always	13.9	37.8	18.3	40.0
Sometimes, almost never, or never	86.1	62.2	81.7	60.0
<b>In the past 30 days did you miss 2 or more whole days of school?</b>	(n=469)	(n=107)	(n=511)	(n=144)
Yes	42.0	49.6	41.3	47.1
No	58.0	50.4	58.7	52.9
<b>[if yes to above] What were the reasons why you missed school?<sup>15</sup></b>	(n=195)	(n=53)	(n=209)	(n=68)
Illness	75.9	81.3	79.9	70.8
Was bullied or mistreated at school	3.1	9.5	2.2	---
Felt very sad, hopeless, anxious, stressed, or angry	7.8	24.4	13.1	25.0
Didn't get enough sleep	16.0	22.4	19.7	25.5
Didn't feel safe at school or going to and from school	2.6	---	---	8.2
Had to take care of or help a family member or friend	4.1	---	4.6	9.5
Wanted to spend time with friends	---	---	3.7	8.0
Used alcohol or drugs	---	---	---	---
Was behind in schoolwork or wasn't prepared for a test or class assignment	---	---	5.6	12.3
Was bored or uninterested in school	3.7	---	14.2	22.1
Had no transportation to school	---	---	---	6.7
Travel	5.2	---	2.9	---
Snow days	9.2	15.1	---	---
Sports/extracurricular activity	3.1	---	6.4	---
Appointment	---	---	2.3	---
Other reason	8.2	---	4.6	6.6

<sup>15</sup> Because this item was select all that apply, response options may sum to more than 100.

**TABLE FF. Issues that students are concerned about by SOGI**

	MS 2025 Cisgender Hetero	MS 2025 LGBTQ	HS 2025 Cisgender Hetero	HS 2025 LGBTQ
<b>Feel that the following issues are a big concern for youth in their school and/or community.</b>	(n=466)	(n=108)	(n=510)	(n=143)
Bullying	21.4	36.8	14.6	21.0
Dating and relationship violence	17.5	19.5	14.6	21.8
Racism	33.1	49.2	19.0	32.1
Sexism	27.0	42.9	18.6	36.1
Homophobia/transphobia	26.2	59.3	23.0	44.8
Religious discrimination	19.0	24.3	13.9	17.7
Xenophobia	18.3	26.5	12.7	21.3
Ableism and barriers to accessibility	18.6	30.5	13.4	26.2
Body shaming	34.3	59.8	22.1	40.3
Alcohol use	18.7	22.4	20.5	31.6
Marijuana/cannabis use	21.8	26.2	24.0	34.1
Vaping	35.1	42.0	36.7	52.5
Other drug use	22.9	23.9	21.2	27.5
Mental health	30.4	57.7	34.7	57.2
Suicide	25.6	34.7	19.5	31.4
Having enough money	19.4	28.7	17.6	24.0
Having enough food	19.2	27.1	16.6	24.7