



# 2026 Community Partner Data Sheet

**Addison County Data Meeting**

**May 28, 2026**

**Hosted by the Community Health Action Team (CHAT)**

## **About the Data Sheet**

This document contains data updates shared by many of the organizations that serve Addison County. The purpose of the data sheet is to provide each other with insight into community needs and what services we have provided in the last year.

Organizations are listed in alphabetical order and most data reflect services delivered in 2025 unless otherwise noted.

Thank you for sharing your data!

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## **ACORN**

- Pharmacy - Food is Medicine
  - In 2025, ACORN served 298 participants for 15 weeks, sourcing from three local, organic farms. This equated to over \$60,000 in local purchasing, an increase of nearly \$5,000 from the previous year.
  - With a gorgeous crop list featuring 30 different fruits and vegetables for participants to enjoy, the majority of participants tried a new fruit, vegetable, or recipe during the program.
  - 94% of participants increased vegetable consumption through the program.
  - 90% of participants reported that the program benefited their health.
  - 72% of participants saw their confidence in cooking increase.
- ACORN Food Hub
  - The ACORN Online Market is currently sourcing local produce and value-added products from over 50 producers across Vermont.
  - The Market serves four different school districts, as well as 100+ customers in total, including restaurants, retailers, and community members. This effort is increasing access to local food in the Champlain Valley.

## **Addison County Home Health & Hospice**

- Patients visited in last fiscal year: 2,648
- Current census
  - Home care: 201
  - Maternal child health: 57
  - Office based therapy: 83
  - Hospice: 32
  - Private caregiving: 45
- Number of employees: 80
- Number of traveling staff: 0
- 10 customers per day at the Medicine Chest, our durable medical equipment store
- More than 150 CPAP machines have been provided to patients by our respiratory therapist at the Medicine Chest
- 18 restaurant or home cooked meals delivered weekly to hospice patients and their caregivers
- Current census of 7 families being served in the Strong Families Vermont Sustained Home Visiting (MECSH) Program. Two more families on the waitlist
- 2 deficiency-free state surveys for hospice and home care

## **Addison County Unit for Special Investigations/Addison Children's Advocacy Center**

- Addison County Unit for Special Investigations/Addison Children's Advocacy Center served a total of 94 adults and children during 2025.
  - Ages ranged from 18 months to 100 years old.
  - 69 Females

- 23 Males
  - 2 Unknown victim identity
- November 2025 had the highest number of new reports at 15 cases. November 2024 had 5 reported cases which is a 200% increase from the prior year. November 2023 had 1 reported case.
- Services provided for the following case types
  - Adult Physical Assault, Adult Sexual Assault, Bullying (verbal, cyber, physical), Child Physical Abuse, Child Pornography, Child Sexual Abuse/Assault, Domestic/Family Violence, Elder Abuse, Human Trafficking (sex), Ingestion/Overdose/Poisoning, Intimate Partner Violence, Medical Child Abuse, Neglect, Sexting, Starvation/Torture
- We provided 3 schools districts with Minimal Facts Training (2 in Addison County, one outside Addison County).

### Addison Housing Works

- AHW provides 824 permanently affordable homes including 18 apartment complexes, 9 manufactured housing communities (MHC), and 79 shared-equity single-family homes.
- In 2025, we received 403 applications for housing and successfully housed 81% of these applications with the breakdowns below:
  - Manufactured Housing Communities:
    - 71 applicants with 96% from VT and 44% accepted, where 15 accepted applicants successfully moved into a home in 2025.
    - The youngest applicant was 20, the oldest applicant was 94, and the avg. applicant age was 46
    - Avg. income of applicants was \$33,800 with an avg. lot rent of \$392/month
  - Apartment Units
    - 312 applicants with 94% from VT and 88% accepted where 40% of accepted applicants were exiting homelessness
    - 37 of the accepted applicants (including 13 exiting homelessness) successfully move into a unit in 2025. at the end of 2025 about 23% of our 354 apartment units were occupied by formerly homeless tenants
    - The youngest applicant was 19, the oldest applicant was 93, and the avg. applicant age was 47
    - Avg. income of applicants: \$23,848 which is 24% of AMI for a two-person household
  - Shared Equity homes
    - 20 applicants, 3 applicants closed on a house
    - Avg. selling price of shared-equity homes in 2025: \$238,547
    - Avg. income of applicants:
      - \$81,163 at 71% AMI for a two-person household
- Family Support Program: Our FSP addressed over 1,214 cases across 215 individual households in 2025. A total of 354 people were served, where 25% were children.
  - FSP helped 73 residents obtain \$53,713 to cure rent arrearages. Additionally, FSP helped MHC homeowners earn \$95,11 in mobile home repair state funds.

- Of the 215 households served, 99% stayed successfully housed in 2025
- Of the 1,926 services provided by the FSP program, most of these services were for on-time rent payment assistance, referrals to services, service navigation, and assistance w/ applications and forms

### **Atria Collective**

- Atria Collective provided survivor-centered advocacy and prevention services, including emotional support, safety planning, and hospital accompaniment, legal, housing, and economic justice advocacy, and support groups for a total of
  - 644 adults, children, and youth impacted by dating, domestic, sexual violence, and stalking through
  - 12,843 individual points of contact, providing a total of
  - 36,245 services and resources to survivors.
- 212 supervised visits and safe exchanges.
- 549 educational trainings reached a total of 13,145 individual children, youth, and adults in Addison County.
- Worked with parents and caregivers of 452 children exposed to violence.
- Overall, from FY24 to FY25:
  - survivors served increased by 7.5%
  - points of contact increased by 43.7%
  - educational training reach increased by 57.1%
  - children-exposed-to-violence cases increased by 60.9%
  - Supervised visits and safe exchanges decreased by 31.8%, reflecting a reduction in active family cases during this period.

### **Building Bright Futures**

(2025 State of Vermont Children's Report, Addison County Regional Profile)

- The literacy rates for the County, particularly for students living in poverty, range between 22 & 47%
- Annual Pre-Tax Family Budget - \$117,700 (\$28.29/hr x 2 earners)
- 3,036 children under the age of 10 lived in Addison County (down from 3,119 in 2023).
- 47 children under the age of 13 were receiving homelessness supports from Coordinated Entry in Addison County.
- 78% of Addison County children by age 2 were fully immunized.

### **Blueprint for Health**

(Middlebury Health Service Area, 2025)

- Blueprint for Health funding plays a critical role in supporting the health and well-being of Vermonters. In the Middlebury Health Service Area, over \$1.9 million in funding is advancing key health system goals by:
  - Supporting Vermont's primary care infrastructure and quality improvement

- Investing in preventive care to reduce chronic disease and avoid unnecessary utilization
- Integrating behavioral health resources directly into primary care
- Implementing robust health-related social needs (HRSN) screening protocols and building referral pathways to address them
- Local Investment & Staffing Impact
  - Funding from the Blueprint for Health directly supports:
    - 14 patient-facing positions across primary care practices (UVMHN owned and independent) and community partner organizations
    - Dedicated Quality Improvement (QI) facilitation and support
- Together, these efforts demonstrate how Blueprint funding not only sustains frontline care teams but also drives meaningful improvements in access, patient engagement, and health outcomes.

### **Champlain Valley Office of Economic Opportunity**

(CVOEO/ Feeding Champlain Valley)

- **March 15, 2025 - March 15, 2026:** Food Pantry (1x per month) or Home Delivery (2x per month) or Bristol Food Locker (2x per month)
  - Total unduplicated households served: 775
  - Total unduplicated individuals served: 1812
  - Total visits to Food Pantry & Deliveries: 3915
  - Average monthly visits to Food Pantry: 326
- **March 1, 2025 - March 13, 2026:** Financial Futures
  - Total unduplicated households served in Addison County: 63
- **October 1, 2024 - September 30, 2025:** Heat and Utility Assistance
  - CVOEO provided 2831 assists to 1,627 unduplicated households - 209 unduplicated households in Addison County
- **February 1, 2026 - March 20, 2026:** Volunteer Income Tax Assistance (VITA)
  - 204 Submissions.
- **Fiscal Year 2025:** Housing Advocacy
  - Addison Community Action Housing Advocate worked with 40 households, assisting them to find or retain housing.

### **Charter House Coalition**

- Provided emergency shelter services to 188 individuals in FY25, up from 144 in FY24 and 88 in FY23.
- Served a total of 597 unduplicated individuals across all Charter House Coalition programs.
- Provided more than 28,000 meals to individuals staying at the shelter or accessing take-out community meals.
- 42 individuals from shelter and outreach programs secured permanent housing.
- 30 individuals secured employment within 28 days of entering shelter services.

- Served 102 individuals with disabling conditions, including substance use disorder and mental or physical health conditions, up from 58 the previous year.
- Answered approximately 1,700 calls outside normal business hours for crisis response and service coordination.
- Maintained ongoing street outreach and coordinated referrals with healthcare, housing, and community service providers throughout Addison County.

### **Counseling Service of Addison County**

- Adult Mental Health Services
  - Number of adults receiving office-based outpatient therapy and psychiatry services - 659
  - Adults served through Crisis services - 300
  - Clients receiving support towards sobriety from substance use - 146
- Youth Mental Health Services:
  - Youth with office-based, outpatient therapy and psychiatry service - 725
  - Youth service through Crisis services - 225
  - Clients receiving school-based services - 288
- Community Associates clients served: 165
- Youth and Family
  - Changes to our intake process has greatly reduced our waitlists for services
  - Changes to our Crisis Services has allowed us to increase our Mobile response to families in crisis, giving us the ability to meet families in their homes, schools or community if so desired.
  - There has been an increase in older teens and young adults ages 16-22 experiencing suicidal ideations and attempts, especially in our LGBTQ+ populations.
- Adult Mental Health:
  - New crisis support options including Interlude, Mobile Crisis, and Rapid Access have increased ways people can navigate mental health crises in the community, reducing the need for ER use and hospitalization.
  - There has been little to no waiting list for people who can see rostered (not yet licensed) clinicians.
  - Our outreach to people who are also coping with the stressors of being unhoused has resulted in more low barrier engagement contacts.
- Developmental Services
  - October 1, 2025 marked the start of significant changes to the DS system with the onset of DS payment reform, implementation of conflict-free case management, and conversion to Public Consulting group for all intakes. All of these systems changes have greatly impacted CSAC (and all Direct Service Organizations statewide) as gaps are still to date being identified and addressed. Intakes and funding proposals have been 'bottle-necked' at the intake and state levels and this remains a problem to date.

## Department for Children and Families - Middlebury Family Services

- In 2025, the total number of calls received by our Centralized Intake & Emergency Services (CIES) hotline were: 42,068
- For the entire State of Vermont, that resulted in 18,402 intakes
- Of those intakes, 798 were sent to the Middlebury DCF office for second read and/or assignment. One hundred forty-eight (148) were assigned at the local level for investigation/assessment
- As of 2/2/26, there were 772 children in DCF custody in the State of Vermont. Of those 772, there were 45 children/youth placed in DCF custody in Addison County
- Of these 45 children, 40 are placed in kinship care or foster care. Five youth are placed in residential treatment
- We are working with approximately 60-70 other families in other capacities, both voluntary and court-involved
- We know that children/youth are more likely to succeed when they are placed with family/fictive kin and in their home community
- We are in need of families who can commit to providing respite to biological/kinship/foster families
- We are in need of people/families who are willing to become licensed foster care providers
- For more information about respite/kinship/foster care, please call 802-388-4660 ext. 3 or email the District Director Andrea Grimm at [Andrea.Grimm@Vermont.gov](mailto:Andrea.Grimm@Vermont.gov) or the Resource Coordinator Carey Braidt at [Carey.Braidt@Vermont.gov](mailto:Carey.Braidt@Vermont.gov)

## Economic Services

(AHS, 2026 Data)

- As of May 1st, 2026 there are 2263 active households receiving 3SquaresVT benefits covered by the Middlebury District Office. Households can vary by size (one member, 3 members etc.) so there are many more than 2263 individuals in receipt of these benefits being administered by the Middlebury District. This is a significant decrease, around 400 fewer households, from last year's enrollment numbers. Much of this is likely the result of H.R. 1 (the so-called "Big Beautiful Bill" of 2025), which made changes to SNAP work requirements and a reduction in our allowed exemptions. Many households fell out of eligibility due to these changes.
- As of May 1st, 2026 there are ~100 households enrolled in receipt of Reach Up services in the Middlebury District.
- Statewide there are currently 35,391 households in receipt of 3SquaresVT benefits, and 3,088 households in receipt of Reach Up services.
- Nearly half of our 3SquaresVT households (~1000) are enrolled in a modified version called 3Squares in a Snap (3SNAP), intended for seniors and/or disabled Vermonters. This expands certification periods, meaning that this population only needs to recertify once every three years and there are no longer any Interim Reports.

## **Elderly Services**

- Elderly Services served over 1,000 people in 2025: Project Independence Adult Day, ESI College Lifelong Learning, Center for Positive Aging counseling and referrals
  - Making a difference:
    - Project Independence Adult Day: Loving care for 150 elders and respite for 300 caregivers
    - Center for Positive Aging: Counseling and caregiver support for over 100 people, referrals to resources for over 100 people, and attendance at Community Education Series by over 200
    - ESI College Lifelong Learning: Over 250 students attending our classes over the course of a year
    - Meaningful volunteer opportunities for over 2volunteers in Addison County
  - Project Independence:
    - Growing attendance with still more room (serving about 75 people daily, and at 85% capacity in our morning program and 60-70% in our afternoon program)
    - Expanded transportation service to S. Burlington and Rutland City in order to provide adult day services to underserved areas
  - We provide access to health care:
    - 60 hours of nursing each week
    - 100 hours of mental health supports through our social work and coaching team.

## **HOPE**

- There were 4,775 visits to our food shelf, representing 10,716 (duplicated) individuals.
- 377 food deliveries were made.
- Our surplus food area was accessed 12,483 times during the year.
- We distributed 1,472 school vacation food bags.
- We distributed 51,200 pounds of gleaned and donated farm produce.
- We provided 350 holiday meal boxes.
- Our resale store , Marion's Place, provided \$18,993 worth of essential items for free to people who could not afford them.
- Our holiday shop provided parents for new gifts for 663 children.
- We assisted 60 individuals in obtaining or keeping employment buy helping them purchase tools, uniforms, and other work-related needs.
- 110 people were assisted with paying for urgent medical and dental needs.
- We provided budget counseling to 106 households.
- We assisted 106 households with utility and housing payments, and emergency home repairs.
- We served 61 unhoused individuals with showers, laundry vouchers, hotel stays, camping gear, bus tickets and more.

## **John Graham Housing & Services**

In 2025, JGHS worked with 376 people, including:

- JGHS provided shelter, housing and/or services to 170 people at four houses, three Zero Energy Modular Homes (ZEMs), and scattered sites. Of those 170 people, 51% were women, 48% were men, 1% were other. 81% were white, 10% were Black or African America, 5% were Asian, <1% were American Indian or Alaskan Native, <1% were Native Hawaiian/Pacific Islander, and 3% Other or Refused. 16% were Hispanic/Latino. 42% were children 17 and under, 8% were 60 and older
- An additional 206 people received services like food, transportation, referral to therapeutic services, outreach, and help with applications
- 51 people (adults and children) received free shelter at one of the JGHS sites; 53 additional unhoused people received Housing Navigation services; 115 people lived in JGHS apartments or at scattered sites, often with the help of project based or other vouchers and received Housing Retention services
- JGHS provided 6,166 bed-nights of free shelter in JGHS shelter spaces (more than a 34% increase from 2024) and more than 10,000 bed-nights of affordable housing in JGHS apartments

### Mountain Community Health

- Patient population and access
  - 4,171 total patients served across medical and dental (3,850 medical, 1,368 dental)
  - 147 patients received medications for opioid use disorder (MOUD), more than double 2024
  - No waitlist for MOUD patients
  - 76 Narcan distributed in 2025 - lowest # since 2021
  - 42% of MCH patients enrolled in Medicaid or Medicare
  - 19% of MCH patients uninsured, up from 12% in 2024, reflecting continued Medicaid unwinding in Addison County
  - 31% of patients 65 and older
- Clinical quality
  - 23% of MCH patients with diabetes had an A1C greater than 9%
  - 66% of MCH patients had adequately controlled blood pressure (less than or equal to 140/90), up from 61% in 2024
  - 57% of MCH patients 12 and older were screened for depression
  - 66% of appropriate patients were screened for colorectal cancer
  - 75% of appropriate patients were screened for breast cancer
  - 69% of appropriate patients were screened for cervical cancer
- Food insecurity and access (new for 2026)
  - MCH screens medical patients for food insecurity using the Hunger Vital Sign as part of our in-house health-related needs screener; dental screening implementation is targeted for June 2026
  - 68 patients screened positive for food insecurity
  - 250 patients received in-house registered dietitian services
  - MCH's food access work also includes direct resource navigation: ~6-7 new resource packets distributed per month, connection to Vermont 211, CVOEO food pantries and

home delivery, YouFirst and MyHealthyVT, and local pantry/community meal information; emergency food boxes on site targeted for May or June 2026 through partnership with CVOEO

- Community observations from MCH's clinical team
  - Patterns Dr. Stephanie Gall, MCH's registered dietitian/medical nutrition therapist is seeing in Addison County:
    - Working-poor families with children, and fixed-income patients (Social Security, disability, retirement), are increasingly food insecure even when household income is above federal poverty thresholds. Rising fuel, heating, housing, and medication costs are displacing food spending.
    - Rural transportation is a compounding barrier. A positive food insecurity screen in Addison County often means the patient cannot easily reach the food, not only that they cannot afford it. Patients in outlying towns regularly travel more than 15 minutes to reach a full grocery store, and many do not have reliable personal transportation.
    - Adult patients ages 18-64 represent the majority of food insecurity consults at MCH, an age group with limited access to qualifying food assistance programs.

### **New Community Project**

- 204 food boxes provided a month through Food Share Program - 43 home deliveries of food boxes a month.
- 6,946 prepared meals distributed in partnership with Age Well VT from October 2021 to September 2025 (Program ended).
- 2,215.4 lbs. of produce grown in NCP's Food Justice Garden.
- 1,253.5 lbs. of non-perishable foods donated to Little Free Pantries.
- 2 Little Free Pantries stocked daily provided 24/7 emergency food access to the community.
- 84lbs. of carrots donated to Starksboro Town Food Shelf.
- 6,626 lbs. of produce rescued from area farms in partnership with H.O.P.E and VT Gleaning Collective.
- 73,380 lbs. of food distributed through NCP's Food Justice Programs.
- 6 cords of firewood available at NCP wood bank.
- 11 households received heat assistance - firewood.
- New partnerships with Porter Medical Center, Costco, and St. Stephen's Episcopal Church.
- 5,928 hours of service by 19 volunteers to the Food Share program.

### **Open Door Clinic**

- 1305 unique patients: 48% Latino, Hispanic or Spanish, 39% Caucasian or White, 10% Black or African American, 1.6% Asian or Asian American, 2.3% other
- 395 new patients
- 46% employed full-time, 25% employed part-time, seasonally, or self-employed

- Provided:
  - 1,331 visits with a healthcare provider
  - 571 visits with a dental provider
  - 136 Covid boosters
  - 67 Tdap vaccines
  - 275 flu vaccines
- Interpreters were arranged for 568 patients across 2,452 interactions/appointments
- Language Line was arranged for 5 patients across 10 appointments/interactions
- Top diagnoses:
  - 1) Musculoskeletal: 131 patients
  - 2) Cardiovascular: 130 patients
  - 3) Dental/ENT/Ophthalmology: 97 patients
  - 4) Skin: 83 patients
  - 5) General/Healthcare Maintenance: 81 patients
  - 6) Endocrine/Metabolic: 81 patients
  - 7) Gastrointestinal: 69 patients
- 315 consults/appointments with our health insurance certified assistor who
  - Enrolled 114 individuals in Medicaid, and 162 individuals in BC/BS & MVP
  - Had 643 follow-up conversations with Vermont Health Connect clients
- During our outreach season we made 44 trips into the field and provided health screenings, vaccines and medical visits to 37 farms, orchards, and businesses where 394 patients visits were completed.

### **Porter Medical Center**

- Number of distinct patients served at
  - Porter Primary Care: 11,591
  - Porter Obstetrics, Midwifery, and Gynecology: 4,268
  - Porter Pediatrics: 4,037
  - Emergency Department: 9,413
- Number of distinct patients that have Medicaid coverage at visit: 6,291
- Number of patients receiving MAT for opioid use disorder: 33
- Number of distinct patients who screened positive for Social Drivers of Health (SDOH) needs: 6,978
- Porter Primary Care:
  - 15.6% of patients age 18-75 with diabetes had a most recent HbA1c that was >9.0% or was not performed in the performance period
  - 67.3% of patients age 18-85 with hypertension had a most recent blood pressure that was less than 140/90 mmHg
  - 72.1% of patients 12 and older were screened for depression on the date of qualifying encounter or 14 days prior using an age-appropriate screening tool AND if positive, a follow-up plan was documented within 2 days after encounter
  - 71.5% patients age 45-75 received a colorectal cancer screening

- 36.1% of patients 6 months and older had an influenza immunization within the past 12 month
- 68.8% of patients 13 years old have received one meningococcal, one Tdap/Td, and two HPV immunizations

### **SaVida**

- SaVida Health in Vergennes census varies from 85-100 patients monthly
- In Vergennes, around two-thirds of our patients are covered by Medicaid
- Approximately 73% of SaVida patients are employed in Addison County
- All SaVida patients (regardless of payor) benefit from the Vermont Spoke program, which provides both RN and counseling services. Our RNs also play a vital role in case management, ensuring comprehensive support for patients.
- SaVida now offers financial hardship for copays and deductibles for those who qualify.
- SaVida partners with all local community resources and agencies.

### **Support and Services at Home**

- SASH had 4 SASH Coordinators (Community Health Workers) and 1 SASH Wellness Nurse serving 284 people in Addison County
- Staff recorded a total of 5,412 visits with participants
- Sites served in 2025 included:
  - Vergennes: Armory Lane Apartments, Creekview Housing, Addison Housing Works trailer parks on Panton Road and McKnight Lane, Valley View I, Valley View II, and individual homes in the surrounding community.
  - Middlebury: Middlebury Commons, The Meadows, South Village Apartments, and individual homes in the surrounding community.
  - Bristol: Pleasant Hills, Kilburn Trailer Park, and individual homes in the surrounding community.
  - Shoreham/Orwell: Individual homes throughout the community.
- Participant Health Overview
  - Addison SASH participants have an average of 8.1 chronic conditions.
  - Top chronic conditions include:
    - 68% with hypertension
    - 51% with hyperlipidemia
    - 45% with osteoarthritis
    - 35% with general vision decline
    - 34% with chronic pain
  - 91% of participants have three or more chronic conditions.
  - Among those screened:
    - 29% report experiencing loneliness
    - 23% report being socially isolated
- Health Outcomes
  - 63% of Addison SASH participants had their blood pressure checked by the SASH Wellness Nurse at least once in 2025. The average reading was 131/75.

- 127 participants visited the Emergency Department at least once in 2025.
  - Of those, 23 are considered high utilizers (defined as four or more ED visits in a single year).

### **Tri-Valley Transit**

- Public buses and microtransit vans in TVT's Addison Region
  - Outputs:
    - provided 114,973 trips in FY25
    - 10,139 more trips than FY24, or 10% growth
  - Outcomes:
    - Residents got and kept jobs, accessed food, healthcare, and social connection
    - 71% of TVT bus riders said they have no other access to transportation
- Dial-a-Ride programs in TVT's Addison Region
  - Outputs:
    - Community drivers and paratransit vans provided 34,151 Dial-a-Rides in FY25
    - 1,438 more trips than FY24, or 4% growth
    - Hundreds of dollars in gas cards distributed through the Rides to Recovery and Job Access Program
  - Outcomes:
    - Older adults and people with disabilities accessed the things they needed to thrive such as routine and critical care medical services, nutrition, community
    - Medicaid enrollees accessed pharmacies and medical/mental health/dental/vision care
    - Recovering addicts accessed wrap around services such as peer support meetings
    - Job seekers with no transportation of their own accessed job training, job interviews as well as a limited number of rides to work
    - 90% of TVT Dial-a-Ride riders said this door-to-door transportation service is essential for their well-being

### **Turning Point Center of Addison County**

- Turning Point facilitated group participation has gone up 13%
- 608 Groups held at TPRCAC with 7191 participants. (Does not reflect unique individuals.)
- 676 Doses of Narcan distributed to the community. (11% more compared to prior year's 607 doses.)
- 98 Participants in Recovery Coaching (10% increase from 89 last year).
- Recovery Coaches met with 119 unique individuals in the Emergency Dept. (This is a 53% increase from 76 unique individuals last year)

### **United Way of Addison County**

- Youth Core Survey (2025)
  - About 60% of high school students think there is moderate or great risk from smoking marijuana/cannabis once or twice a week. This is statistically higher than the rate in 2024 which was 52%.

- About 80% of high school students think there is moderate or great risk from using electronic vapor products regularly. [this is similar to 2024]
- About 64% of high school students believe their friends think it would be wrong or very wrong for them to use marijuana/cannabis, a statistically significant increase from 55% in 2024.
- About 78% of high school students agree or strongly agree that they feel optimistic about their future. [slightly higher than in 2024, though not a statistically significant difference]
- About 68% of high school students and 71% of middle school students agree or strongly agree that they feel valued by adults in their community. [this is similar to 2024 for high school students, and 7 percentage points higher for middle school students]
- The top two concerns for high schoolers are once again vaping and mental health (close to 40% each). Significantly fewer students said vaping was a big concern; 40% in 2025 compared to 46% in 2024.

### **Vermont Adult Learning**

FY25 (July 1, 2024 - June 30, 2025)

- Total number of students served: 107
- Low-income students served: 51%
- Students with disabilities: 58%
- English Language Learners served: 33%
- Total number of instructional hours provided: 3,151
- Number of students that earned their high school diploma: 9
- Number of students who earned their GED credential: 10
- Number of GED subject exams passed by VAL students: 62
- Number of students inducted into the National Adult Education Honor Society: 4
- First Languages of students: Arabic, Cambodian, Chinese, English, Farsi, French, Korean, Lingala, Portuguese, Spanish, Swahili, Thai, Turkish, Ukrainian

### **Vergennes Community Food Shelf**

- Serving Addison County and beyond since 1991 - 30 South Water Street, Vergennes. Partnering with Vermont Food Bank, United Way of Addison County, CVOEO, HOPE, Addison Allies Network
- Public pick-up program open weekly - Tuesday 1-3 pm; Thursday 2-4 pm
  - 490 registered households; 1740 shopping visits; 3830 people served in 2025
- Food to Farm Program - 3rd Friday of each month
  - 312 migrant farm deliveries; 1420 people served including 1100 adults, 320 children, currently delivering to 30 farm households once per month

### **Vermont 211**

- Top Referred Services from 211 in Addison County in the last 365 days (updated April 20<sup>th</sup>, 2026)

- Housing/Shelter: 250
- Food: 21
- Utilities: 26
- Healthcare & COVID-19: 37
- Mental Health & Addictions: 21
- Employment & Income: 26
- Government & Legal: 33
- Transportation: 11
- Other: 35

### **Vermont Department of Health - Middlebury Office of Local Health**

- In Vermont, the Department of Health works with the Agency of Education and the Centers for Disease Control and Prevention (CDC) to administer the Youth Risk Behavior Survey (YRBS). It is typically conducted every two years during the spring semester with Middle and High School students.
  - Addison County data
    - 75% of Addison County students reported eating dinner 4+ times per week with a parent or guardian
    - 78% of Addison County students reported using social media use once or several times a day
    - 43% of Students were asked by a doctor, dentist, or nurse if they smoked, among those who saw a provider in the past year
- In 2025 WIC served an average of
  - 391 children per month
  - 116 women per month
  - 98 infants per month
- The 2024 Behavioral Risk Factor Surveillance System (BRFSS) was a telephone survey conducted annually among adults 18 and older.
  - Addison County health and well-being data
    - Adults who had a routine doctor visit in the past year: 83%\* statistically higher than VT!
    - Adults who report poor mental health: 13%
    - Adults who report poor physical health: 9%
  - Percentage of Addison County adults diagnosed with the following chronic conditions as of 2024
    - Chronic Kidney Disease: 4%
    - Diabetes: 9%
    - Cardiovascular Diseases: 9%
    - Asthma: 13%
    - Arthritis: 29%
    - COPD: 5%
    - Depressive Disorder: 27%
    - Obesity: 27%
    - Non-melanoma skin cancer: 8%

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- Cancer (including melanoma): 8%
  - One in six Vermont adults ages 45 and older report experiencing subjective cognitive decline in the past year (16%)
  - Risk Factors and Behaviors Data as of 2024
    - 7% of Addison County adults have always, usually or sometimes bought food in the past year that did not last and they did not have money to get more.
    - 8% of Addison County adults lost employment or had hours reduced
    - 6% of Addison County adults have been unable to pay their mortgage, rent or utilities in the past year
    - 4% of Addison County adults have a lack of reliable transportation
  - Total population: 38,047 as of July 2024: [HSI-STAT-POP-Vermont-population-by-county-age-and-sex-2020-2024.xlsx](#)