

# ADDISON COUNTY DATA MEETING 2024

Hosted by the Community Health Action Team | Updated May 2024

## Housing

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### *Addison Housing Works*

- In 2023, the program served 104 households (including 68 children) and helped 96% of them maintain safe, stable housing.
- 28 people, including eight children and five people with disabilities, found a home at Firehouse Apartments.
- AHW averaged 171 Households on the Waitlist in 2023.
- About half of applicants (151) were denied or deemed ineligible—they didn't even make it on to the waitlist.
- It is estimated that 300 AHW households live below the poverty line.



### *Charter House Coalition (2023)*

- 83 Individuals provided with emergency shelter.
- 31 Individuals transitioned from being houseless to permanent, sustainable housing.
- 162 Visits by case management to persons living in motels or living unsheltered.
- 6 Persons that gained employment or training within 30 days of arrival into the shelter.
- 88% of guests have income but cannot afford fair market value rents.
- Provided 7,750 bednights, more than 15,000 meals to shelter guests
- \*\*49 pages is the number of pages for one affordable housing application. It can take 9 applications per guest.
- **\*\*\*Lead Agency for Coordinated Entry (See powerpoint presentation)**

### *John Graham Housing & Services (JGHS)*

- In 2023, JGHS worked with 328 people (down from 383) including:
- JGHS provided shelter, housing and/or services to 127 people at five properties, three Zero Energy Modular Homes (ZEMs), and scattered sites. Of those 127 people, 71 were female, 53 were male, 1 was nonbinary. 31 were children.
- An additional 201 people received services like food, transportation, referral to therapeutic services, outreach, and help with applications.
- Of the 127 people who received housing and/or services, 38 people (adults and children) received free shelter at the John Graham Shelter and two scattered sites; 85 people, with the help of project based or other vouchers, lived in affordable housing at JGHS apartments or at scattered sites.
- JGHS provided 6,408 bednights of free housing in JGHS shelter spaces and GA (General Assistance) apartments and more than 10,000 bednights of affordable housing in JGHS apartments.
- JGHS served 6 veterans, 17 people who experienced Domestic Violence, 29 adults over 60, 7 people experiencing chronic homelessness, 24 people who struggle with severe mental health challenges, 8 people with SUD (Substance Use Disorder), and 13 people with other disabilities.

### *Helping People Out of Poverty (HOPE)*

- 58 households were served
- 53 households were enrolled in the HOP
- 51 Households were stabilized or rehoused
- 100% stabilized or rehoused within 28 days, average of 9 days from enrollment to stabilization
- 93% remained stably housed at 90 days

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## *Champlain Valley Office of Economic Opportunity (CVOEO)*

- 95 households served through the Heat and Utility Assistance Program
- 423 households served through the Food Shelf
- 16 households served through the Financial Futures Program

## *Parent Child Center*

- Supported 120 families with housing issues - emergency, hotels, permanent, applications, shelter, charter house, and Elm Street.
- 11 families were at Elm in 2023

## *Homelessness Data January 2024 (collective data point)*

- During the Point in Time Count - we know that 156 individuals were experiencing homelessness (increase from 97 individuals in January 2023)
- 41 are children (under age 18)
- 109 are adults (ages 18-65)
- 6 are elders (ages 66+)



## **Food Security**

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### *Economic Services*

- As of April 2024 there are currently 2723 recipients of 3Squares benefits residing in Addison County, this amounted to \$502,646 being paid out in food benefits for the month. This was a drop of around 400 participants from last year and a significant drop in amounts being paid out due to COVID funds running out and benefit allotment levels returning to pre-covid eligibility amounts.
- Work Requirements also returned to eligibility, which was most likely the reason for the significant drop in eligible individuals.
  - Statewide There are 66,606 participants in the 3SquaresVT program which amounts to \$12,718,209 paid out for the month of April. Last year there were roughly 71,000 participants with over \$20,000,000 being paid out per month.
- Our statistics team has not yet quantified the estimated number of Vermonters at or below 185% FPL (threshold for eligibility for a household) but it is assumed the rate of individuals at this income level *not* participating in 3Squares is still relatively high. 2023 was estimated that roughly half of this population did not participate in SNAP. These numbers generally won't be available until the end of June.
- The State of Vermont will be participating in the new Summer EBT program

### *Giving Fridge (501c3)*

- Since December 2020, more than 45,000 meals (purchased from local chefs and restaurants) have been provided to Addison County community members, made possible through various grants, Everything Nice plant & retail sales and donations.
- The GF provides an average of 350 meals per week to Addison County families and individuals experiencing health & financial hardship. Each person receives 3-4 meals per week. Meals are distributed via Automated Giving Fridge locations, direct delivery and via partner organizations.
- Partnerships with New Community Project, PMC, UVMHN, local food shelves and many more
- Majority of referrals are for individuals with diet-related and inflammatory illnesses who are looking for healthier food options (anti-inflammatory needs)

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## *Farmacy - Food is Medicine*

- In 2023, ACORN served 100 participants for 15 weeks, sourcing from three local, organic farms. This equated to almost \$50,000 in local purchasing.
- With a gorgeous crop list featuring 30 different fruits and vegetables for participants to enjoy, 65% of participants tried a new fruit, vegetable, or recipe during the program.
- 85% of participants increased vegetable consumption through the program.
- 95% of participants reported that the program benefited their health.
- 78% of participants saw their confidence in cooking increase.

## *Veggie Van Go*

- The average increased from 130 in 2023 to 250 families in 2024

## *New Community Project*

- 180 food boxes provided each month through Food Share Program – 48 home deliveries of food boxes.
- 156 truckloads totaling 7,500 cubic feet of food were rescued from Trader Joe's and the Middlebury Natural Foods Co Op and distributed to the community.
- 240 prepared meals a month distributed in partnership with Age Well VT and The Giving Fridge.
- 2,320 lbs. of produce grown in NCP's Food Justice Garden.

## *Champlain Valley Office of Economic Opportunity (CVOEO) - Pantry Soft*

- Total households served: 1313
  - Unduplicated households served: 379
- Total household members served: 2868
  - Unduplicated: 777
- First time clients served: 308
- First time household members served: 595
- Adults served (unduplicated): 457
- Seniors served (unduplicated): 92
- Children served (unduplicated): 228

## *HOPE Food Shelf*

- We served 2,696 individuals.
  - 10% of these were elderly, 10% children under the age of five, and 19% between the ages of six and eighteen.
  - 8 were employed, and 20 had a documented disability (many more have undocumented disabilities.) 24% were fortunate to have a housing subsidy, and 54% of households were receiving 3Squares benefits.
- The number of people accessing our services climbed steadily during the last part of 2022. In recent months, we have seen a 30% increase in traffic, including many households that are new to us. In June 2023, we served 986 individuals in our food shelf, an all time high.

## *Vergennes Food Shelf*

- Food Assistance Survey Results (77 Spanish Speaking Migrant Farmworkers)
  - 80% of respondents are under age 35, 77% are male, 23% are female.
  - 67% felt that there are specific food products that are difficult to find in the area.
  - 67% of the respondents reported that their consumption of fruits and vegetables has increased as a result of food assistance programs.
  - 76% of the respondents reported that food assistance programs have increased their access to culturally appropriate foods.

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## Demographics

- Population of Addison County is ~37,578 people (Most recently available Census)
- 21,617 people are currently employed (April, 2024, VT Labor Market)
- 1.9% Unemployment Rate (April 2024, VT Labor Market)

## Cost of Living

- In Vermont, the necessary annual income to meet the basic needs of a household with two adults and two children (before taxes) is \$104,193 (MIT Living Wage) (State of Vermont's Children REport)



## Birth Data

- 5,068 births in Vermont in 2023, down from 5,384 in 2021 (CDC)

## Women, Infants & Children

- WIC maintained an active enrollment of 416 children under 5
- WIC eligible during this same time period was 613 which means 67.9% of eligible children under 5 are enrolled, 32.1% of eligible children or 197 are not enrolled

## Early Childhood Screening

Developmental screening in the first 3 years of life = percentage of children who were screened for risks of developmental, behavioral and social delays using standardized screening tools in the 12 months preceding their first, second or third birthday. (OneCare)

- Developmental screening rates for children under 3 is at 74% - all patients (*State of Vermont's Children Report*)
- Well-care visits (age 3-21) is about 65% which is above the 61% target (OneCare)

## Childcare

*According to Childcare Services (State Service)*

- Increase in the number of spaces available from 820 in 2023 to 850 in 2024. This is for 6 wks to 5 year olds.
- There is a significant need for 6 wks to 3 year old (400 spots are needed)
- The demand includes about 323 infant spots, 129 toddler spots, and 148 preschooler spots ( Lets Grow Kids - SATS2022)
- There are now enough spaces for 3-5 years old, but it might not be in the program or area you are seeking
- Shortages of spaces are related to the cost of infant/toddler care, lack of building space and lack of trained teachers.
- An infant/toddler program opened in January 2024 with 24 spaces. There have also been several programs closed so the net gain is about 10 spaces for infants/toddlers.

*Parent Child Center*

- Total referrals: 221
- 130 Early Intervention referrals and 84 referrals for speech

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## School Age Data

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### *The State of VT Children: 2023 Year in Review*

- In 2022, there were 3,144 children under age 10 living in Addison Co, down from 3,246 in 2017
- State-level data also show a decrease in the percent of Addison County families with children under 12 living below the Federal Poverty Level (FPL), from 30% in 2017 to 23.4% in 2020.

## Employment & Non-traditional Education

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### *Hannaford Career Center*

- In 2023, an additional 100 people will have attended the adult ed classes this year, including another 15 LNA's this year and 7 phlebotomists.
- New classes: welding classes, forklift training, small engine repair, and a newly added Clinical Medical Assistant Certification (CMAC) course starting July 2024.



### *Vermont Adult Learning - January 1, 2023 through December 31, 2023*

- Total number of students served: 86
- 28% report to be low income; 45% report to have a disability
- Total number of instructional hours: 3,038
- Country of birth other than USA: Afghanistan, Angola, Brazil, China, Haiti, Honduras, Mexico, Thailand

## Resources

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### *Atria Collective (formerly WomenSafe)*

- Atria Collective served a total of 601 adults and children through 8,907 points of contact (this is an increase of about 60 individuals)
- The Supervised Visitation Program provided a total of 255 monitored visits and exchanges for 20 families and 27 children
- Prevention programming reached 5,988 youth and adults through 857 presentations and outreach events
- 361 parents and caregivers of children exposed to gender-based violence received supportive services

### *Reach Up*

- As of April 2024 there were 113 families participating in the program in Addison county for a total of 257 recipients. 182 recipients are under 19 years old. \$67,992 in monthly benefits were disbursed.
- Statewide there are 3672 families participating, made up of 9556 individuals. 6667 of these are children under 19 years old. The total monthly benefits released was \$2,229,792.

### *New Community Project*

- 5 cords of firewood donated to NCP's Community Woodbank
- 6 families received heat assistance - firewood.
- 2 families received heat assistance – other fuels.

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## **Resources (Continued)**

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### *Vermont 211*

Top Referred Services from 211 in Addison County in 2023

- Housing/Shelter: 148
- Consumer Services (Money Management, Tax Organizations, etc.): 43
- Criminal Justice & Legal Services: 13
- Health Care: 25
- Mental Health & Substance Use Services: 14
- Disaster Services: 139
- Information Services: 124
- Income Support/Employment: 40
- Total Referrals in 2023 in AC: 659



### *Flood Response - United Way of Addison County*

- \$102,623 was distributed to individuals/households in the community impacted by the summer flooding.
- 82 applications (81 - english | 1 - spanish) were submitted and 69 were approved for flood damage and repair costs.
- The average award amount was \$1,500.

## **Mental Health**

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### *Counseling Services of Addison County*

- 428 adults with office based, outpatient therapy and psychiatry services
- 134 adults with severe psychiatric conditions with comprehensive case management and clinical services.
- Responses to 418 crisis calls from adults and 208 calls for kids and their families.
  - This includes both in-person responses, where a CSAC staff person attended a client in the community or at the Emergency Department, and responses that were completed over the phone.
- 284 children with school-based mental health services.
- 91 adults with support towards sobriety from substance use.
- 187 intellectually disabled adults with case management, employment support, coordination of safe housing, and community integration.
- For children and families, trends in 2023 include:
  - Younger children – elementary aged – with increased levels of aggression having a significant impact on classroom, teachers, and administrators in schools.
  - Complex, multi-diagnostic presentation – most commonly involving trauma, neglect, and high levels of current life stressors.
- For adults:
  - Top three diagnosis for adults seeking services at CSAC:
    1. Mood Disorders: These include bipolar disorder, cyclothymia, hypomania, major depressive disorder, disruptive mood dysregulation disorder, persistent depressive disorder.
    2. Anxiety
    3. Substance Use

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## Open Door Clinic (Uninsured and Underinsured)

- 1234 unique patients: 48% were Latinx, 9.5% were Black/African American and 1.9% were Asian/Pacific Islander (Increase of 72 patients)
- Regarding employment status, 49.5% were employed full-time, and 22.1% were employed part-time, seasonally, or self-employed.
- Top reasons for visits included: 1) Healthcare Maintenance: 494 patients,
- 2) ENT/Mouth/Opth: 148 patients (these are mostly dental), 3) Musculoskeletal: 122 patients 4) GYN/Women's: 94 patients, and 5) Cardiovascular: 83 patients
- In 2023, the Open Door Clinic provided:
  - 1452 visits with a healthcare provider
  - 284 visits with a dental provider
  - 325 Covid boosters
  - 64 Tdaps
  - 417 flu vaccines
- Interpreters were arranged for 487 patients across 1,947 interactions/appointments
- Language Line was arranged for 57 patients across 70 appointments/interactions
- 343 consults/appointments with our health insurance navigator who enrolled
- 89 individuals in Medicaid, 128 individuals in BC/BS & MVP
- 649 follow-up conversations with clients/Vermont Health Connect
- During our outreach season we provided health screenings, vaccines and medical visits to 55 farms and orchards, where 474 patients were seen by a healthcare provider, including 110 new patients.



## Healthcare:

### *Porter Primary Care Offices*

- 76% of PCP patients had an HbA1c >9 or had not had an A1c in the last year.
- 62% of patients have adequately controlled blood pressure (<=140/90)
- 45% of patients 12 and older were screened for depression
- 34% of patients received influenza vaccine at Porter locations
- 67% of appropriate patients were screened for colorectal cancer
- About 15,000 patients from Addison County were seen by a Porter Primary Care or Pediatric practice

### *Health Service Area Data (OneCare)*

- 19.7% IET Engagement for Medicaid patients compared to the national average of 15% (IET = Initiation and Engagement in Treatment)
- 77.3% ED Follow Up for Medicaid patients regarding Substance Use
- 76.2% ED Follow Up for Medicaid patients regarding Mental Health Illness
- 62.3% Medicare Annual Wellness Visits, which is above the 52% target

## Chronic Conditions:

Percentage of Addison County adults diagnosed with the following chronic conditions between 2021-2022 (BRFSS 2022):

- |                               |                                    |
|-------------------------------|------------------------------------|
| ● Chronic Kidney Disease: 3%  | ● COPD: 6%                         |
| ● Diabetes: 8%                | ● Depressive Disorder: 22%         |
| ● Cardiovascular Diseases: 7% | ● Hypertension: 31%                |
| ● Asthma: 8%                  | ● Obesity: 28%                     |
| ● Arthritis: 26%              | ● Subjective Cognitive Decline: 9% |

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## Oral Health

- 42% of children in VT have had experience with tooth decay, this is significantly higher than the last Basic Screening Survey which indicated 31%
- Dental care needs as well as urgent dental care needs have increased significantly over the past 10 years. Dental care needs – increased 11% to 25% in past 10 years, Urgent dental care needs increased 2% to 6% in past 10 years in Vermont
- 42% of all VT third grade aged children have dental sealants, down from 66% 10 years ago
- 73% of adults in Addison County have seen a dentist in the past year
- 40% of all VT adults age 45-64 have had at least one tooth extracted ever
- 7% of Medicaid eligible children age 1-5 in Addison County have been treated for extractions, endodontics, or restorations. With 71.4% of those receiving care in the office setting, and 28.6% needing care in the hospital setting.



## Immunizations

- HPV vaccinations among 13-15 year olds currently at 61.5%
- Shingles vaccine 50-64 = 43.6% and 65+ = 37.6%
- Flu vaccine 50-64 = 44.6% and 65+ = 65.7%
- Pneumococcal 65+ = 59.7%
- VDH currently does monthly in house vaccine clinics and outreach to conduct 4 equity clinics targeting hard to reach or vulnerable populations.

## Substance Use Prevention, Treatment & Recovery

### *United Way of Addison County Core Survey (2024)*

- About 50% of high school students think there is no risk or slight risk from smoking marijuana/cannabis once or twice a week. [this is similar to 2023]
- About 80% of high school students think there is moderate or great risk from using electronic vapor products regularly. [this is similar to 2023]
- About 76% of high school students agree or strongly agree that they feel optimistic about their future. [similar to 2023]
- About 66% of students (high school and middle school) agree or strongly agree that they feel valued by adults in their community. [this is an increase of about 4% from 2023]
- Top two concerns for high schoolers are vaping and mental health (About 40% each)

### *Fatal Overdose Rates (VDH)*

- In 2023, there were 231 opioid overdose deaths that were classified as accidental or undetermined intent. The 231 deaths in 2023 represent a five percent decrease from the 244 deaths in 2022
- Most opioid-related deaths involve multiple substances. In 2023, 91% (210) of opioid-related fatal overdoses involved two or more substances, with 29% (68) involving four or more substances
- Fentanyl is currently the most prevalent substance involved in opioid-related deaths. In 2023, 95% (220) of opioid-related fatal overdoses involved fentanyl
- Deaths involving fentanyl could include prescription fentanyl, illicit fentanyl, fentanyl analogs or a combination. Heroin involvement in 2023 fatal overdoses is low (9, 4%). The proportion of overdoses involving heroin has decreased each year since 2018 (69, 53%).



# ADDISON COUNTY DATA MEETING 2024

## **Substance Use Prevention, Treatment & Recovery (Continued)**

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### *Treatment (MAT - Savida, MCH, PMC)*

- There are approximately 300+ Addison County patients receiving medication assisted treatment (MAT) for opioid use disorder.
  - There are approximately 191 patients enrolled in Medicaid across Mountain Community Health, Savida, and PMC (The remainder of patients have BCBS/MVP/Cigna/private pay)

### *Recovery (Turning Point Center)*

- Turning Point facilitated group participation has gone up 53.4%
- 454 Groups held at TPRCAC with 3746 participants. (Does not reflect unique individuals.)
- 298 Doses of Narcan distributed to the community. 55% more compared to prior year's 192 doses.
- 75 Participants in Recovery Coaching (5.6% increase from 71 last year).
- Recovery Coaches met with 65 unique individuals (This is a 91.2% increase from 34 unique individuals)

### *Division of Substance Use - Naloxone*

- The Health Department distributed 68,827 doses of naloxone through the Narcan® Kit and Harm Reduction Pack programs
- Community naloxone was reported to reverse 152 overdoses.
- EMS administered naloxone to 886 patients.
- EMS documented distributing 577 naloxone Leave Behind Kits to patients and their families.

### *VT Helplink (Provides alcohol and other drug support and referral)*

- Vermonters can now access free naloxone, fentanyl test strips and mail-back envelopes through the support center.
- In one year VT Helplink received: • 1,000+ calls and online chats • 28k+ website visits
- Of the people who call or visit VT Helplink: from Addison County • 58% indicate alcohol use as the primary substance of concern

## **Teen Centers**

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### *Teen Center - Middlebury*

- 150 drop in attendees over 2100 individual encounters.
- 45 camp registrants expected for 2024

### *The Hub - Bristol*

- We served (approximately) 4090 meals in 2023 which was an increase from (approximately) 3943 in 2022. This represents a 3.7% change.
  - Many times we serve seconds to youth and send teens home with leftovers.
- We served 289 students in 2023 which was an increase from 272 in 2022, this represents a 6.3% increase.

### *Boys and Girls Club - Vergennes*

- In 2023, 109 youth were served.
- Boys and Girls Club serves youth grades 4th-12th.

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## Transportation

### *Tri-Valley Transit*

- TVT (Addison Region) totaled 85,964 bus rides in FY23
  - 19,393 more bus rides than in FY22 (29% growth and continuing to trend up)
- TVT (Addison Region) totaled 29,919 dial-a-rides in FY23
  - 341 fewer rides than FY22 (decrease in private pay rides)

## Department for Children and Families - Middlebury Family Service (2023)

- In 2023, there were 18,761 intake calls made to the Centralized Intake/Child Abuse Hotline for the State of VT. Of those calls, 3795 were accepted for investigation or assessment.
- In Addison County, 846 reports were made to the hotline. Of those 846 reports, 139 intakes were accepted for investigation or assessment. From those intake calls, 30 cases were opened.
- As of April 1, 2024, there are 936 children/youth in DCF custody Statewide. There are 49 children/youth in DCF custody in Addison County. (This is a decrease from 66 children/youth in DCF custody in 2023)
- 47% of the youth in custody in Addison County are placed with kin or fictive kin compared to the statewide average of 36%.
- We have six children/youth in residential care.
- We know that children/youth are more likely to succeed when they are placed with family/fictive kin and in their home community.
- We are in need of families who can commit to providing respite to biological/foster families.
- We are in need of people/families who are willing to become licensed foster care providers.

## Older Vermonters

### *Addison County Home Health & Hospice*

- Current daily Census: 328 (excluding Medicaid waiver)
  - Home care: 195
  - Maternal child health: 65
  - Therapy: 54
  - Hospice: 14
- Number of patient visits occurring in outpatient therapy clinics in New Haven and Vergennes: 50/week
- 10 customers/day who visit the Medicine Chest, our durable medical equipment store and about 8 deliveries/ day made to community members (oxygen, hospital beds for hospice patients)
- Number of patients served in our growing Private Duty business line: 30 and growing
- Flu vaccines: 1,356
- 1,000 lunches served to Camp Kookamunga campers in August 2023 as part of our community outreach
- 18 meals/ restaurant or home-cooked meals served to hospice patients and their families through our Food for the Soul program
- NOTE: Decrease in Medicare funding for homecare C24 and C23: 6.815%. Further cuts are expected for C25.

# ADDISON COUNTY DATA MEETING 2024

## Older Vermonters (Continued)

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### *Age Well*

- In 2023, Age Well provided services to 2,052 older adults (60+) throughout Addison County
- Age Well has 187 volunteers in Addison County providing meals on wheels delivery, companionship, grocery shopping and many other tasks. We're actively looking for an additional 35 volunteers in Addison County to meet the growing need.
- Age Well delivered 41,560 Meals in to individuals; 3,857 Congregate Meals Served; and 9,973 Grab & Go Meals Served
- Age Well provided Case Management and Options Counseling for a total of 3,624 hours of care coordination to Addison County residents
- Age Well's Helpline served 1,732 older adults and caregivers in Addison County (increase of 1,000)

### *Elderly Services:*

- 70-75% capacity right now and growing (increase from 45-50% capacity)
- We can serve 60 people at a time, and up to 100 over the course of a day.
- We're serving about 120 participants and 240 caregivers (respite and support). In the past we served 225-250 participants over the course of a year and 450-500 caregivers
- \*\*We opened the Center for Positive Aging on July 1, 2023 to provide counseling on issues related to age and caregiver support. We have provided over 500 hours of counseling over the past year and will be increasing capacity in the next several years to about 2,000 hours.*

### *Support and Services at Home (SASH), 2023*

- SASH has 4 SASH Coordinators (Community Health Workers) and one SASH Wellness Nurse who served 228 people in Addison County. Staff recorded 2,214 visits with participants
- Sites served in 2023 include:
  - Vergennes: Armory Lane Apartments, McKnight Lane, Addison Housing Works trailer park on Panton Road, Valley View I, Valley View II, Hillside Acres, the Willow Apartments and individual homes in the surrounding community.
  - Middlebury: Middlebury Commons, The Meadows, South Village and South Street, and individual homes in the surrounding community
  - Bristol: Pleasant Hills, and the Kilburn Trailer Park, and individual homes in the surrounding community
  - Shoreham/Orwell serves individual homes throughout the community.
- SASH participants have an average of 8 chronic conditions, the top chronic conditions: 66% of participants have hypertension, osteoarthritis 52%, general vision decline 52%, Hyperlipidemia 49%, and chronic pain 40%.
- 85% of Addison SASH participants have 3 or more chronic conditions.
- Of those screened, 25% report loneliness and 22% report being socially isolated.
- SASH provided quality improvement health interventions to control hypertension and diabetes. Statewide there was a 7.5mmHg average decrease in systolic blood pressure in SASH participants between 2020-2023.

*\*\*\*Please send updates and information to Sylvie Morrison at [sylvie@unitedwayaddisoncounty.org](mailto:sylvie@unitedwayaddisoncounty.org)\*\*\**