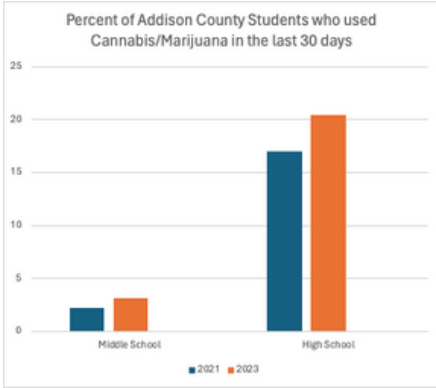


# Substance Misuse

## 2023 Youth Core Survey Results



Scan for full results

**Common types of substances for youth use include:** Alcohol, Marijuana/Cannabis, Stimulants (e.g Adderall), Painkillers (e.g Vicodin and OxyContin), Cocaine

## 2023 Parent Survey Results

95.1% of parents surveyed **do not believe** their child(ren) have used marijuana/cannabis in the past 30 days.



Scan for full results

**Addison County  
Substance Use &  
Prevention  
Coalition**



# Ways to Prevent Misuse

- Be a role model
- Communicate and check-in regularly
- Pay attention to emotional needs during transitional years
- Get involved - know about school and friends



## RESOURCES:

Local Substance Use Centers

National Hotline:

**1-800-662-HELP (4357)**

Turning Point Center

**802-388-4249**

## GET HELP

If you or someone you know needs help with a substance use disorder, call:

**Counseling Services of Addison County**

**802-388-6751**

United Way of Addison County's Resource Page has additional support regarding mental health, food, transportation, after-school activities, and parent/caregiver support

